



DUAL DIGEST NEWSLETTER

VOLUME 5 ISSUE 9

FALL 2022

WELCOME BACK, SHARKS!

Dear Dual Admission Students,

Welcome to the Fall 2022 semester! We hope that it has been an enjoyable and productive experience so far and that you are able to get the most out of the semester moving forward. The Dual Admission program at Nova Southeastern University provides our Dual Admission students with the amazing opportunity to complete an undergraduate education with the comfort of knowing they have a reserved spot in one of our outstanding graduate/professional programs. A reserved spot is a major advantage, but you still need to work hard to maintain your status and eligibility.



For our new students, soak in all of the opportunities our wonderful university has to offer, while also focusing on your academic goals. Our returning students are working hard to continue to maintain their requirements and build their portfolios of experience, as they get closer to graduating and transitioning to their graduate/professional programs. Our transitioning students are well into the application and interview process, with a keen eye on taking the next step in their professions.

We are very excited about this academic year. I am pleased to welcome Mallely Rodriguez as our new Assistant Director, she will serve as the editor of the Dual Digest and will be working with you on numerous initiatives. Our returning GA, Javier Moraga-Trujillo, will be the initial contact for our new students, as he oversees our new student communication plan. We recently selected our Dual Admission Student Ambassadors, an outstanding group of 16 student leaders who will represent you and the Dual Admission Program. This is the seventh year of this wonderful program.

Have an outstanding semester!

Saul Sztam, Ed.D. Assistant Dean, College of Undergraduate Studies

INSIDE THIS ISSUE

Welcome

Open House

A Message from our Team

Upcoming Events

Clubs and Organizations

Travel with NSU

Tutoring and Testing Center

Follow us on Social Media



DUAL ADMISSION OPEN HOUSE



Come meet our staff & Dual Ambassadors!
Have ideas? Want to ask some questions? Come join us!

NOVEMBER 9TH 12PM-1PM
2ND FLOOR LIBRARY GALLERY



A MESSAGE FROM OUR TEAM

MALLELY RODRIGUEZ

Hello, Dual Sharks!

The first few months with Dual Admission have been phenomenal. It has been such a welcoming experience meeting so many of you and I can't wait to get to know more of you. As we progress into the 'thick' of the semester with midterms, finals, activities, and most importantly, life, I encourage you all to take care of yourselves.

Don't lose sight of your dreams. As I've started to meet many of you, and grown closer with the ones I've known from the Tutoring and Testing Center, I've realized you are all highly determined students, self-motivated, and I love it. Continue your passions, grow and nurture them, while looking out for yourself and what 'fills your cup'.

"Life isn't about how you survived the storm... it's about how you danced in the rain."

—Regina Brett.



JAVIER MORAGA-TRUJILLO

I hope everyone is having a great semester so far. My name is Javier

Moraga-Trujillo, and I am the Graduate Assistant for the Dual Admission Program. I encourage you all to connect with me this semester and to reach out to me with any questions or concerns. I

hope to be a resource for you all throughout the year. As the Fall semester continues, I highly encourage you to take advantage of all the NSU resources. The Tutoring and Testing Center, the Center for

Academic and Professional Success, and the Center for Student Counseling and Well-Being by Henderson are just a few of the many resources that will help you grow academically, professionally, and

personally. I also encourage you all to get involved on campus. NSU has many clubs and organizations that you can try throughout the year to find the ones you like the most! I wish you all have an amazing

rest of your semester!



UPCOMING EVENTS

CALENDAR OF EVENTS

Hosted by the Office of
Student Success

October 2022

hosted by the Office of Student Success

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	Midterm Prep Session 12 - 2 pm	5	Conquering Procrastination 12:30 - 1:30 pm	6	7
10	11	12	13	14	15	16
17 5 Pillars of Pre-Health 12-1 pm	18 1) LinkedIn Learning Workshop 12:30-1:30 pm 2) Understanding your Personality Type and Career Values 5-6 pm	19 College is Tough, but Your Tougher 5-6 pm	20 Navigating Student Doctor Network 5-6 pm	21 1) Professional Picture Day 2) Pre-Health & Psychology Vision Board Development 10 am - 3 pm Carl DeSantis Atrium	22	23
24  Halloween	25	26 Trick to the Treat of a Research and/or Internship Experience 11:30 am - 1 pm Carl DeSantis Atrium	27 Enhancing your Writing and Communication Skills 12:30 - 1:30 pm	28	29	30

November

SU	MO	TU	WE	TH	FR	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OFFICE OF STUDENT SUCCESS WORKSHOPS

- 1 Free Your Mind Meditation Session - 5-6 pm
- 2 1) 10 Health Habits of Managing Stress - 12-1 pm
2) Effective Presentation Skills 5-6 pm
- 4 What is Diversity? - 12-1 pm
- 15 1) The Importance of Balance and Self Care - 12:30-1:30 pm
2) Yellow Brick Road to Your Happiness - 5-6 pm
- 16 Finding Pre-Health & Psychology Experiences - 5-6 pm
- 17 Stop the Silence Mental and Emotional Well-Being - 12:30 - 1:30 pm
- 22 My Nutrition and Physical Well-being - 12:30- 1:30 pm
- 30 The Importance of Self Reflections & Goal Planning - 12-1 pm

For specific details, please reference Javier Moraga-Trujillo's email on September 30th.

UPCOMING EVENTS

INTERNSHIP OPPORTUNITY +
CASE COMPETITION

**CENTER FOR ACADEMIC AND PROFESSIONAL SUCCESS,
THE OFFICE OF STUDENT SUCCESS, &
THE HALMOS COLLEGE OF ARTS AND SCIENCES PRESENTS**

The 11th Annual Trick to The Treat
OF AN INTERNSHIP OR RESEARCH EXPERIENCE



Hear students present on their biology and medicine internship experiences.



Learn how and why to apply to science related internships and research opportunities.



Staff and Faculty will be on hand to answer questions about programs and provide information.



OCTOBER 26TH
11:30 AM - 1:00 pm

Carl DeSantis Atrium

Hosted by the Office of Student Success

Brought to you by Razor's Edge Research and The Office of Student Success

Dissin' Misinformation

Sign up here!



Sign up here!



Are you looking to gain research experience in your field?

The goal of Dissin' Misinformation is for students to combat a misinformation topic of their choice within their content area of interest, through peer reviewed scientific literature, and other credible sources.

Prizes for First and Second place!

Competition is Oct.26-Nov.6

Reminders:

Thanksgiving Break
Nov 24-25

Daylight saving
Nov 6, turn back your clocks.

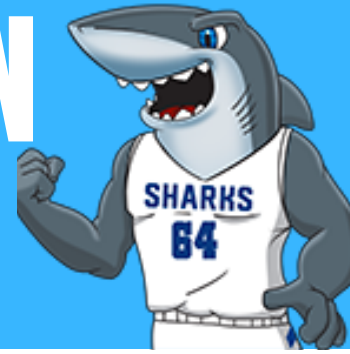
The Office of Student Success Presents

Pre-Health & Psychology Vision Board Planning & Professional Headshot Day

Oct 21st
10:00am-3:00pm

Carl DeSantis Atrium

GET INVOLVED ON CAMPUS



There are many outstanding clubs and organizations that are offered at NSU. Below are a few we wanted to highlight for our Dual Admission students!

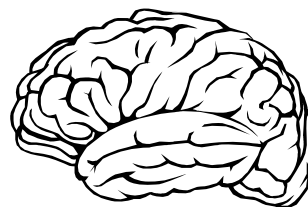
PRE-SOMA

It's the only undergraduate pre-medical organization focused exclusively on Osteopathic medicine and directly affiliated with the Student Osteopathic Medical Association (SOMA) and the American Osteopathic Association (AOA).



MEDLIFE

Our mission is to build a worldwide movement empowering the poor in their fight for equal access to healthcare, education, and a safe home. To achieve our mission, we take a different approach to social justice work: listening, collaborating, prioritizing sustainability, and always following up. MEDLIFE is a non-profit organization that partners with low-income communities in Latin America and Africa to improve their access to medicine, education, and community development projects. In order to achieve the ultimate goal of a world free from the constraints of poverty, we empower volunteers to become advocates for change by volunteering in Service-Learning Trips and supporting the Moving Mountains giving program. NSU MEDLIFE provides opportunities for service-learning volunteering trips every spring break, and is traveling to Riobamba, Ecuador in Spring 2023.



NEUROSCIENCE CLUB

Neuroscience club offers an opportunity to enrich students and other members of the community on the importance of the brain. The club serves as a way for students interested in science to educate others and become familiar with faculty and peers on campus.



TRAVEL WITH NSU



Atlantis

INTERNATIONAL MEDICAL SHADOWING

PACKAGE INCLUDES:

- ✓ 40 AAMC Shadowing hours
- ✓ On-site housing and wifi
- ✓ 24/7 on-site support
- ✓ Airport transfers
- ✓ Hospital transportation
- ✓ One excursion per week
- ✓ Health insurance

ABOUT ATLANTIS:

A 2-week medical fellowship in May 2023. This one-of-a-kind opportunity will allow you to rotate through various specialties in a local hospital in Portugal with other NSU students.

INFORMATION SESSION
 Wednesday, October 19th, 2022
 12:00pm-1:00 pm.

Scan the QR Code to RSVP for the information session

TRIP DATES

5/13/23-5/26/23

MORE INFORMATION

sharksabroad@nova.edu.

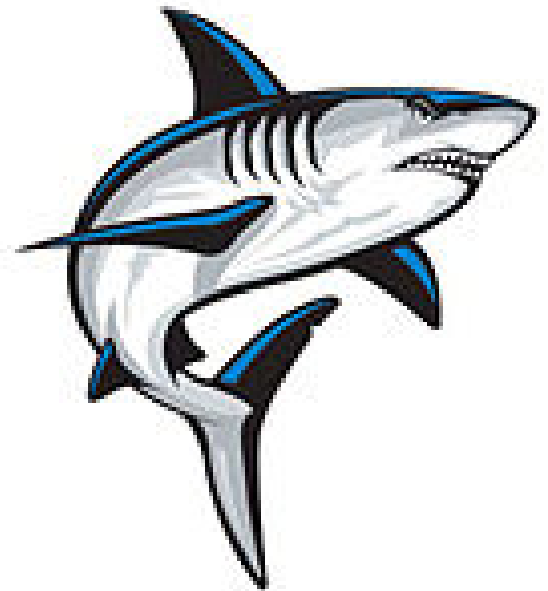
Florida International Leadership Conference 2023

FEBRUARY 10TH-13TH
 CAMP CLOVER LEAF, LAKE PLACID FL

ENHANCE LEADERSHIP SKILLS
 PROMOTE FRIENDSHIPS AND NETWORKS AMONG INTERNATIONAL AND STUDY ABROAD STUDENTS
 PERSONAL DEVELOPMENT
 CAMP AND CONFERENCE ALL IN ONE

APPLICATIONS DUE NOVEMBER 5TH

QUESTIONS OR CONCERNS EMAIL intl@nova.edu



TUTORING AND TESTING CENTER

Hello, from the Tutoring and Testing Center!

At times, it can be intimidating being a Dual Admission student. You have many expectations, including GPA requirements, grade requirements, and graduate exams you need to perform well on. The Tutoring and Testing Center is a valuable resource on campus and we are here to help you navigate through your journey! Many students believe that you only go to the Tutoring and Testing Center if you are struggling in your classes, but many 'Straight A' Dual Admission students come to the TTC for support because they want to maximize their success and get the edge in their coursework! We encourage you to do the same and do not hesitate to take advantage of our wonderful free resources!

- Tutoring Appointments & Drop-In
- Testing / Accommodations
- Mock Proctored Exams
- Lending Library for exam preparation books
- Academic Success Coaching
- Supplemental Instruction (Select Courses)



TUTORING ACROSS CAMPUS

Student Affairs Building, 2nd Floor

Monday - Thursday
By appointment, 9am-7pm
Friday
Drop-in Tutoring, 9am-3pm

The Commons Residence Hall, Room 123

Tuesdays, 7:00 pm - 10:00 pm
Drop-in Tutoring,
No appointment necessary

DeSantis 2066
Wednesdays, 12:00 pm - 2:00 pm
Drop-in Tutoring,
No appointment necessary

Student Affairs Building, Room 104
Wednesdays, 7:00 pm - 10:00 pm
Drop-in Tutoring,
No appointment necessary

Zoom
Saturdays, 10:00 am - 1:00 pm
Drop-in Tutoring,
No appointment necessary
Link: <https://bit.ly/TTCDROPIN>
Link is case sensitive

ourses available for drop-in hours vary by tutor. or a complete list, please visit our website.



Tutoring and Testing Cent

(954) 262 - 8350
nova.edu/tutoring-testing
Student Affairs Building, Seco Floor
nsu_ttc

TUTORING AND TESTING CENTER
NOVA SOUTHEASTERN UNIVERSITY

NSU
Florida

DROP-IN TUTORING

NO APPOINTMENT NECESSARY



MATH 1030 Intermediate Algebra

Mondays 12 pm - 2 pm in Alvin Sherman Library Rm 3014
Thursdays 12 pm - 3 pm in Alvin Sherman Library Rm 2056



MATH 1040 College Algebra

Mondays 12 pm - 2 pm in Alvin Sherman Library Rm 3014
Thursdays 12 pm - 3 pm in Alvin Sherman Library Rm 2056



CHEM 1300 General Chemistry 1

Tuesdays 12 pm - 3pm in Alvin Sherman Library Rm 2051



CHEM 2400 Organic Chemistry 1

Tuesdays 12 pm - 3pm in Alvin Sherman Library Rm 2056



BIOL 1500 Biology 1

Thursdays 12 pm - 3 pm in Alvin Sherman Library Rm 2051

Visit our website for more



<https://bit.ly/TTCservices>

Student Affairs Building
2nd floor
(954) 262-8350
@nsu_ttc @nsu_si

Follow Us on Social Media



NSU_DUALADMISSION

We'd like to feature YOU in our next edition and social media

Did you travel this year in any capacity that represented NSU? We would love for you to share your experience with our Dual Admission community, whether it was for research, networking presentations, study abroad, community services, etc. Please scan the QR code and complete the form.



The Dual Admission Office is located in Mailman Hollywood Building, third floor.



**Credit to Elsis Hurtado
Newsletter Editor**