

COLLEGE OF HEALTH CARE SCIENCES
DEGREE CURRICULUM SHEET | 2017 CATALOG
Bachelor of Science - Exercise and Sport Science

GENERAL EDUCATION REQUIREMENTS		
Area/Course	Credits	Frequency
Written Composition		
<i>6 credits at or above COMP 1500</i>		
Open Written Communication	3	
Open Written Communication	3	
Mathematics		
<i>6 credits at or above MATH 1040</i>		
MATH 1040 Algebra for College Students	3	
<i>satisfied by Major</i>	3	
Arts & Humanities		
<i>6 credits in HIST, ARTS, PHIL, HUMN, LITR, THEA, FILM, MUSC, DANC, WRIT, foreign language</i>		
Open Arts & Humanities	3	
Open Arts & Humanities	3	
Social & Behavioral Sciences		
<i>6 credits in PSYC, SOCL, ANTH, ECN, COMM, GEOG, GEST, INST, POLS</i>		
PSYC 1020 Introduction to Psychology	3	
<i>satisfied by Major</i>	3	
Science		
<i>6 credits in BIOL, MBIO, CHEM, SCIE, ENVS, PHYS</i>		
<i>satisfied by Major</i>	3	
<i>satisfied by Major</i>	3	
Total General Education Credits	30	

*ATTR 1200 requires completion of ATTR 1100 as a prerequisite.

**PSYC 3400 requires completion of PSYC 1020 as a prerequisite; PSYC 1020 also fulfills one 3-credit Social and Behavioral Sciences General Education requirement.

Frequency Key: F-Every Fall; W-Every Winter; FO - Odd Year Fall; FE - Even Year Fall; WO - Odd Year Winter; WE - Even Year Winter

MAJOR			
Course	Credits	Frequency	
ATTR 1200 Principles of Athletic Training*	3	W	or
EXSC 1200 Prevention and Care of Athletic Injuries	3	FW	
ATTR 1300 Emergency Care and First Aid	3	FW	
ATTR 1400 Health and Fitness	3	FW	
ATTR 2300 Sports Nutrition	3	FW	
ATTR 2400 Strength and Conditioning	3	FW	
BIOL 1400 Introductory Cell Biology	3	FW	
BIOL 3312 Human Anatomy and Physiology/Lab	5	FW	
EXSC 3700 Kinesiology	3	FW	
EXSC 3740 Exercise Physiology with Lab	4	FW	
EXSC 3760 Biomechanics of Human Movement w/Lab	4	FW	
EXSC 3820 Exercise Prescription with Lab	4	FW	
EXSC 4100 Adapted Physical Education	3	FW	
EXSC 4220 Motor Learning with Lab	4	FW	
EXSC 4300 Research Methods in Sport and Physical Ed.	3	FW	
EXSC 4400 Exercise and Sport Administration	3	FW	
EXSC 4500 Advanced Strength and Conditioning	3	W	
EXSC 4901 Practicum in Exercise Science	3	FW	
MATH 2020 Applied Statistics	3	FW	
PSYC 3400 Sports Psychology**	3	FW	
Total Major Credits	63		

MAJOR ELECTIVES			
Course	Credits	Frequency	
<i>Select 3 credits from the following:</i>			
EXSC 4900 Special Topics in Exercise and Sport Science	1-3	F	
EXSC 4950 Internship in Exercise and Sport Science	3	FW	
EXSC 4990 Independent Study in Exercise and Sport Sci.	1-3	FW	
Any 3000/4000-level EXSC course not counted as a core course for the major	3	FW	
Total Major Elective Credits	3		

TOTAL CREDITS: 120

