

# THE EDGE OF IX

The Student-Powered Prevention Initiatives Newsletter

January 2024

## *Guess what's back...It's The Edge of IX!*

The Edge of IX is back for the 2024 semester, delivering insights into healthy and not-so-healthy relationships, along with perspectives on intimacy and dating. We are committed to providing relevant content through engaging books, videos, music and podcasts. Welcome back to The Edge of IX – your window into connection, awareness, and understanding. This January, in honor of Stalking Awareness Month, we're committed to providing content that educates and raises awareness.

Driven by our Title IX Peer Educators, this embodies the perspective of NSU students committed to promoting healthy relationships and positive sexual experiences, while actively working to eliminate sexual violence. This content is at the EDGE of Title IX. It is separate from the compliance work the NSU's Title IX Staff does - we focus on prevention through engagement with pop-culture.

January 2024

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### *This Month's Issue Includes:*

- Shadow Chronicles: Untangling the Intricacies of Stalking Through Soundwaves
  - Screen Shadows: Unmasking the Intrigue of Stalking in Film and Series
  - Unraveling Narratives: Exploring the Stalking Shadows in Literature
  - Break the Silence: Report Stalking, Ensure Safety
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### *Connect with us*

Enjoying what you've read? Interested in further conversation or have suggestions for our upcoming issue? Reach out to us! Follow the NSU Peer Educators on Instagram @nsupeereducators.

Being a student-run publication, if you or someone you know has faced sexual misconduct, please visit <http://nova.edu/title-ix> for more information on resources or to report directly to NSU's Title IX Coordinator.



# Shadow Chronicles: Untangling the Intricacies of Stalking Through Soundwaves



Edge of IX  
Title IX Office

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Click a song to listen

Sort by Genre ▼

Every Breath You Take - The Police	3.06
Crazy in Love - Beyonce	5.28
Paparazzi- Lady Gaga	3.28
Sunglasses at Night - Corey Hart	3.54

## How do these songs make you feel?

- How does this song portray stalking?
- Can you relate to how the artist is feeling?
- Does the song contribute to a conversation about healthy relationships and boundaries?

## Podcasts

Click a cover to hear the episode



“How to Get Over Your Ex” by Breakup Coach Dorothy  
Ep 3 - *How to stop stalking my ex’s social media*: Social media can elongate a break-up, adding a layer of complexity. The urge to keep looking at an ex’s feed even when it causes more pain is ever-present. Instead try some of the ideas in this podcast!



“I Think I Like You” by Clara Artschwager  
Ep 59: *How social stalking is hurting more than helping (and what your tendencies say about YOU)*: Is it a rabbit hole or something else? When does curiosity turn into stalking?





# Screen Shadows: Unmasking the Intrigue of Stalking in Film and Series

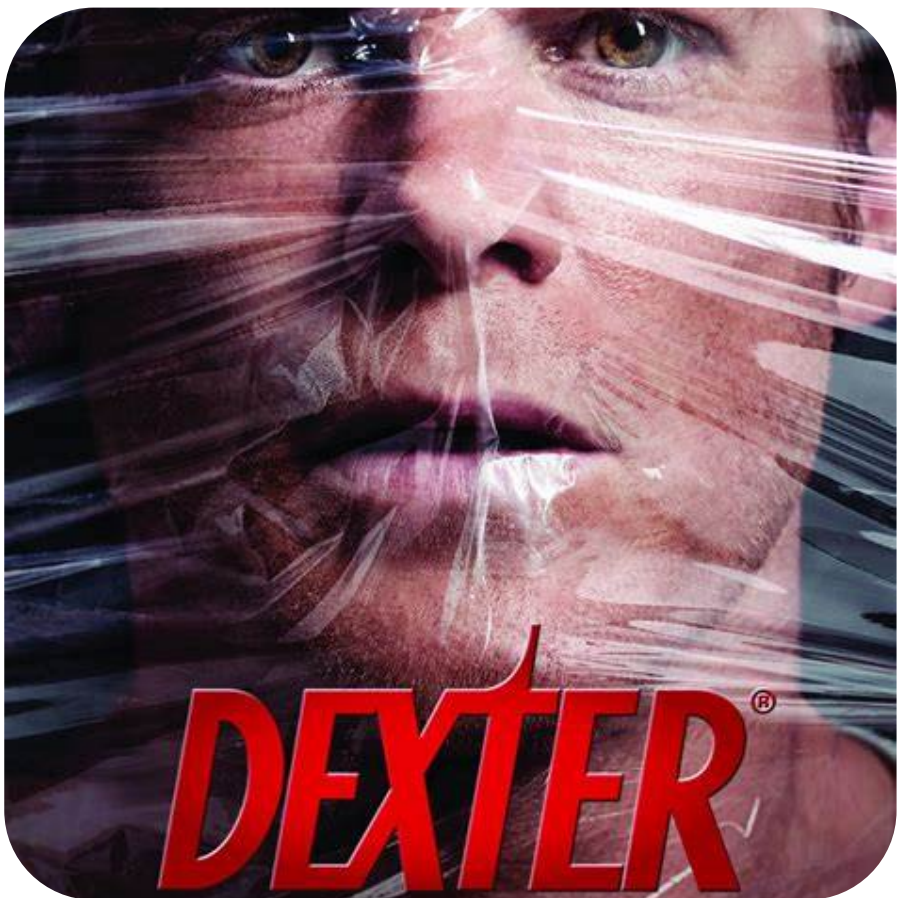
Stalking Awareness Month-themed movies and TV shows delve into diverse aspects of relationship dynamics, aiming to raise awareness about stalking issues. The curated content encourages reflection on personal experiences and contributes to broader conversations about the complexities of human connections.

Recommend

Trending

Newest

Stalking Awareness Month



TV Show

8 Seasons

★ 2006



TV Show

4 Seasons

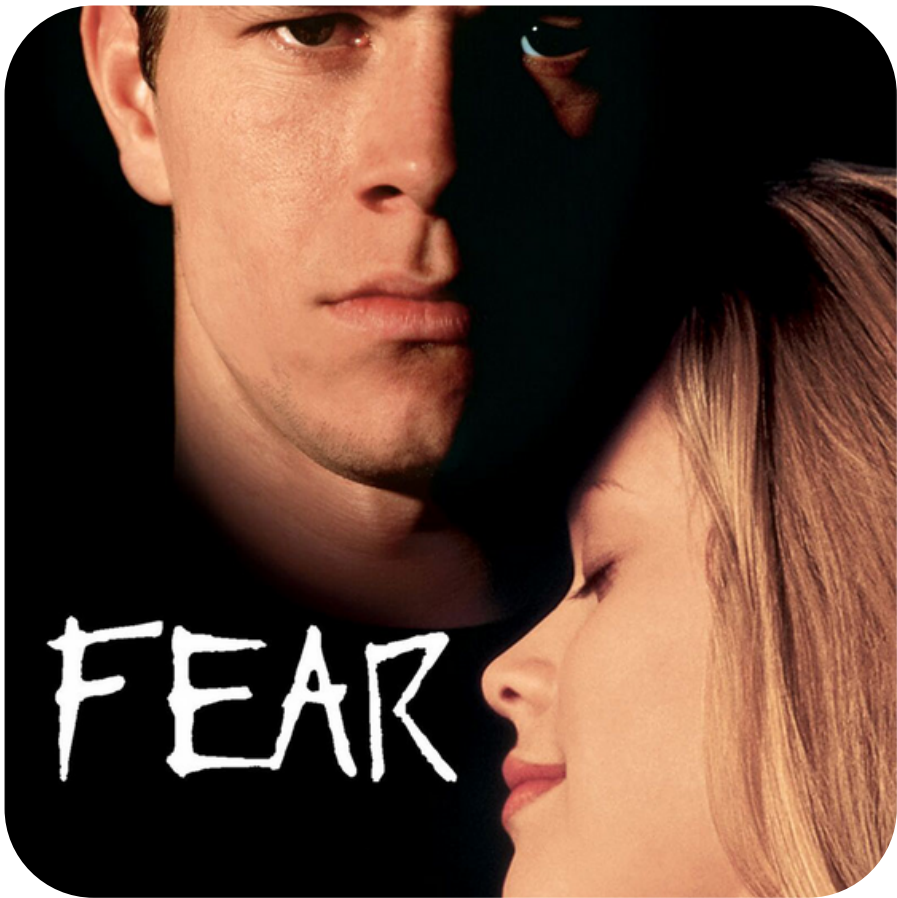
★ 2018



Movie

R | Drama · Horror · Mystery · Sci-Fi · Thriller

★ 2020



Movie

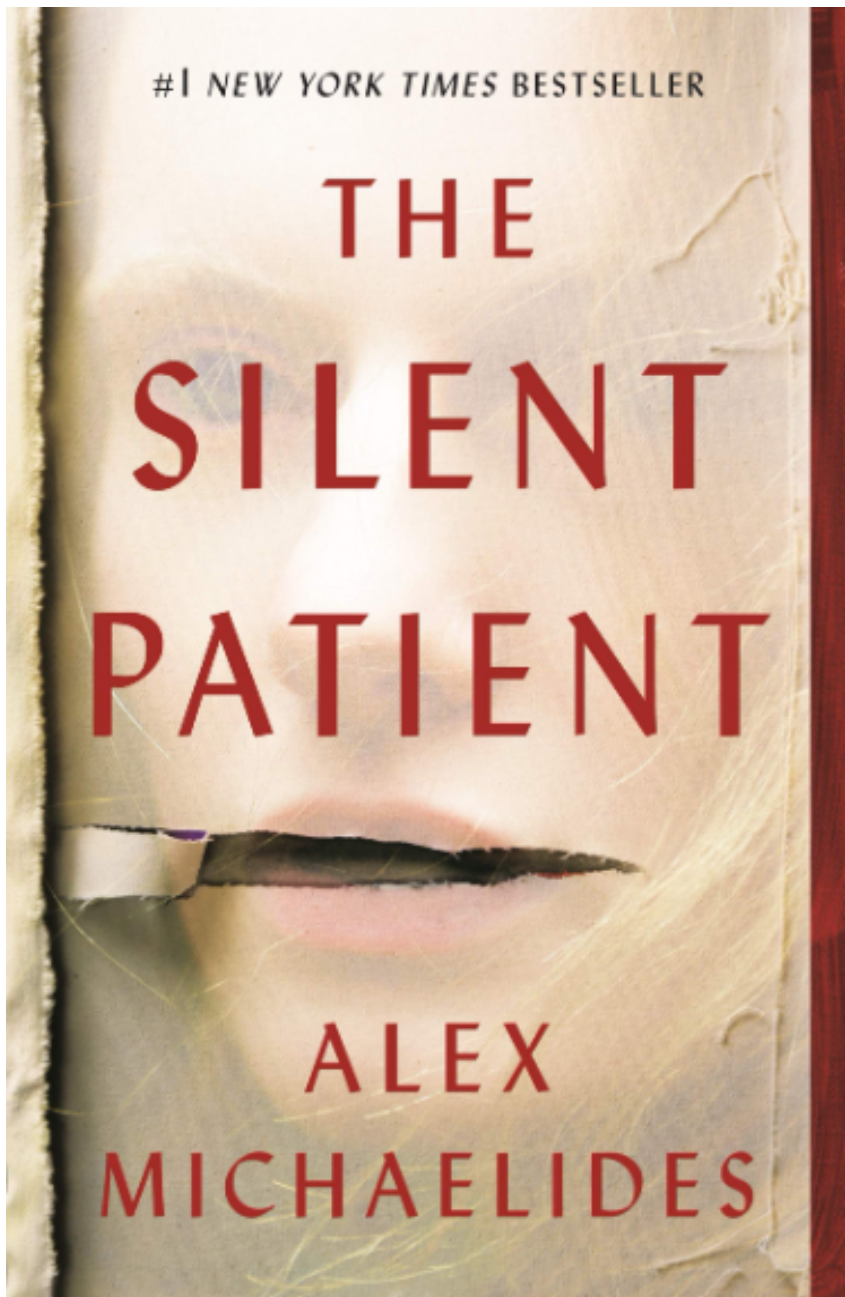
R • TV-14 | Drama · Thriller

★ 1996



# Unraveling Narratives: Exploring the Stalking Shadows in Literature

Click a cover to learn about the book

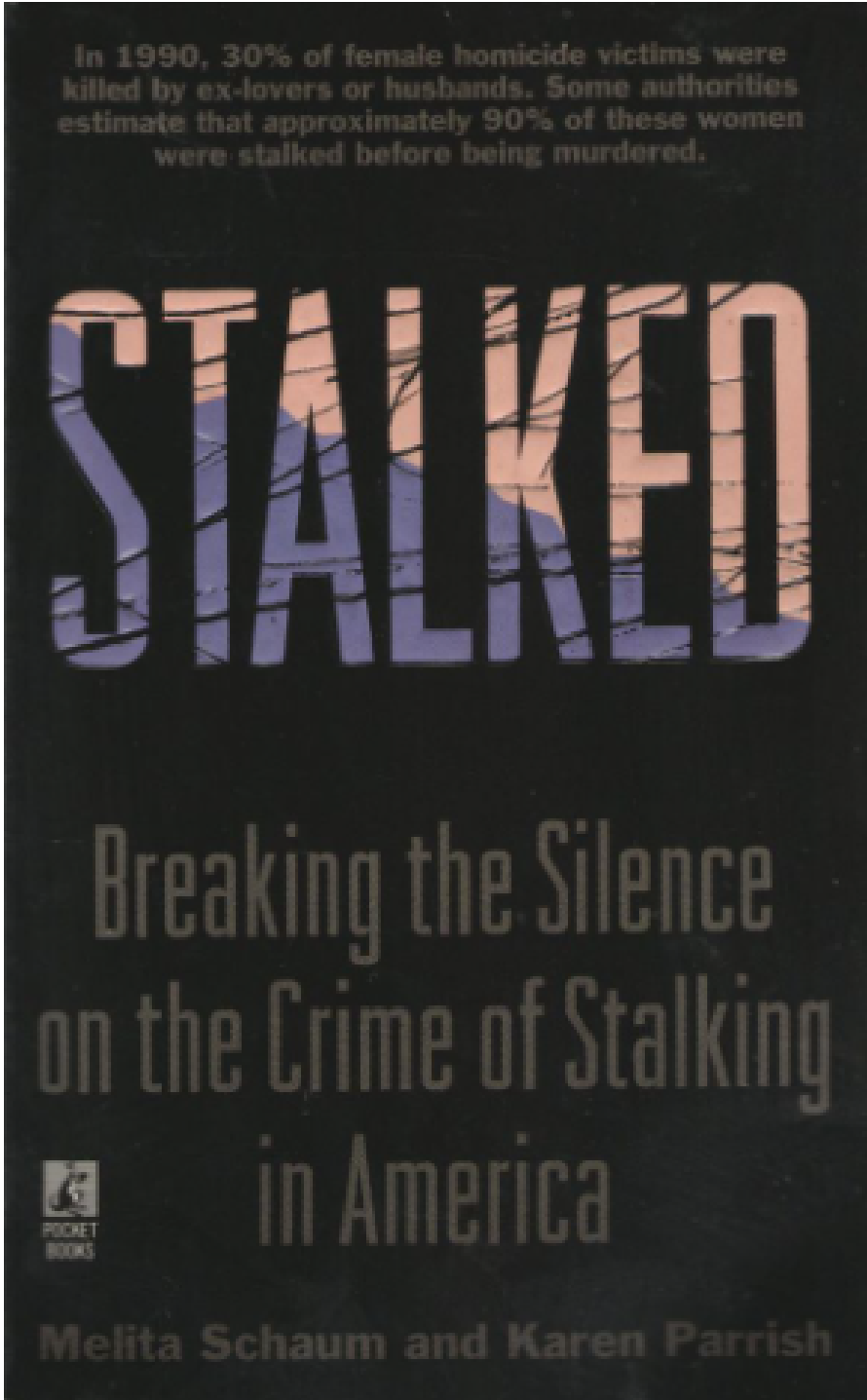
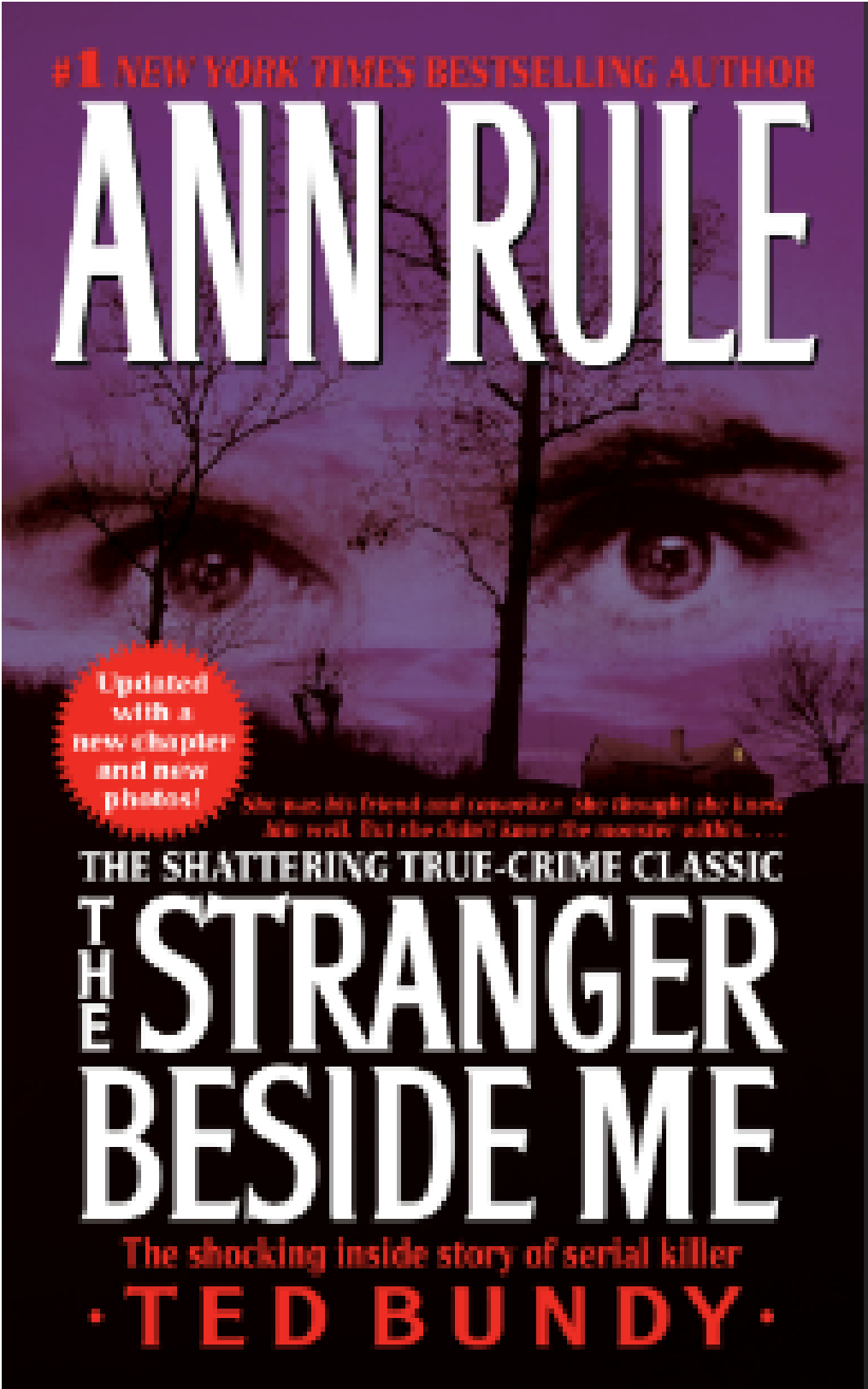


## “The Silent Patient” by Alex Michaelides

"Alicia Berenson, a seemingly perfect and famous painter, shoots her husband, Gabriel, five times in the face one evening, never speaking another word afterward. This transforms a domestic tragedy into a captivating mystery that thrusts Alicia into the public eye. As her art skyrockets in value, she becomes the 'silent patient,' confined to a secure forensic unit. Criminal psychotherapist Theo Faber is determined to unravel the mystery behind Alicia's silence, leading him down a twisting path that entangles his own motivations in the search for truth."

## “The Stranger Beside Me” by Ann Rule

An intimate and chilling account that defies expectations of recognizing a monster in our midst. Detailing gradual realization that your coworker on a crisis hotline, Ted Bundy, was a prolific serial killer, Rule describes the slow chill that intensifies throughout the narrative. Bundy, the charismatic man Ann thought she knew, would confess to horrific crimes. Through personal correspondence and her role as a crime reporter, Rule reshapes true-crime literature, offering an unforgettable chronicle of her experiences.



## “Stalked: Breaking the Silence on the Crime of Stalking in America” by Melita Schaum and Karen Parrish

Sheds light on the often overlooked and pervasive issue of stalking in the United States. Provides exploration of the experiences of stalking survivors. It dives into the psychological and emotional impact of stalking, aiming to break the silence surrounding this crime. These authors offer insights into the prevalence of stalking in America, the challenges faced by survivors, and the urgent need for awareness and action to address this disturbing phenomenon.

# *Break the Silence: Report Stalking, Ensure Safety*

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## *Did you know...*

About 1 in 3 women and 1 in 6 men have been *stalked* at some point in their lives.

Breaking the silence on stalking is a vital step toward raising awareness, raising understanding, and supporting survivors in their journey towards justice and healing.



### **Step 1:**

#### ***Report***

If you or someone you know feels threatened, reporting to Title IX or NSU Public Safety is a recommended and secure course of action.



### **Step 2:**

#### ***Contact local law enforcement***

Davie police are here and available to support you if you decide to report.



### **Step 3:**

#### ***Seek support***

Support one another through tough times and seek groups who may understand what you are going through.



### ***Contact us***

Email: [titleix@nova.edu](mailto:titleix@nova.edu)

Visit: [www.nova.edu/title-ix](http://www.nova.edu/title-ix)

NSU Public Safety: 954-262-8999

NSU Student Counseling: 954-424-6911

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