



GROUP INSTRUCTIONS

Staff and Youth Challenge

1. Set up a virtual meeting
2. Give the youth an opportunity to share how they have been doing and/or do an icebreaker to get everyone comfortable and talking.
3. Introduce the challenge by showing the example on the screen. Review it and explain that your group can create a challenge of their own.
4. Brainstorm to find a challenge that all of the youth feel strongly about.
5. After the group chooses a topic, use the example sheet to fill in the remaining information.
6. Make sure each group member gets a task that he or she can complete.
7. Set a timeline for the tasks to be done.
8. Put together all of the youth work.
9. You may want to meet again to show off the work they did before sharing with the community and families.



CHALLENGE EXAMPLE SHEET

#MIAMICARES CHALLENGE

SHOW OTHERS YOU CARE FROM ANYWHERE!

MANY PEOPLE ARE LONELY, STRESSED, FRUSTRATED, OR BORED DURING THESE UNCERTAIN TIMES. RANDOM ACTS OF KINDNESS ARE ALWAYS APPRECIATED BY THE RECIPIENT, BUT NOW THEY ARE NEEDED MORE THAN EVER.

CREATE A CARING MESSAGE (DRAWN, WRITTEN, OR PHOTO) FOR A NEIGHBOR OR COMMUNITY MEMBER WHO YOU THINK COULD USE A REASON TO SMILE.

THINK ABOUT THE APPROPRIATE AND SENSITIVE WAY TO SHARE YOUR MESSAGE. SOME OPTIONS ARE VIA EMAIL, SOCIAL MEDIA, OR MAYBE PUTTING A NOTE ON THEIR FRONT DOOR.

TAKE A PICTURE, VIDEO, OR OTHER WAY TO SHARE YOUR MESSAGE WITH OTHERS, BUT BE SURE TO ASK FOR PERMISSION OR KEEP THE OTHER PERSON'S IDENTITY ANONYMOUS.

YOU WILL BE SURPRISED HOW SHOWING THAT YOU CARE CAN PUT A SMILE IN YOUR OWN HEART TOO!



CHALLENGE TO DO LIST

TASKS:

- CHOOSE A CHALLENGE TO WORK ON
- WRITE THE DESCRIPTION FOR THE CHALLENGE
- CHOOSE A NAME FOR THE CHALLENGE
- DECIDE ON THE HASHTAG, IF NEEDED.
- WRITE INSTRUCTION FOR SHARING
- DECIDE HOW THE CHALLENGE WILL BE PROMOTED
- CREATE AN EXAMPLE FOR THE CHALLENGE
- CREATE ART OR IMAGES FOR CHALLENGE
- DECIDE IF THERE ARE ANY OTHER TASKS NEEDED
- ENSURE EVERYONE HAS A TASK