What If I Have Symptoms?

SELF-MONITORING IS MANDATORY

Faculty and staff are required to check their temperatures and check for COVID-19 symptoms each day before coming to class or campus. If you exhibit symptoms, stay at home and contact your health care provider.

DON'T COME TO CAMPUS SICK

Please stay home if you have a fever, are exhibiting COVID-19 or flu-like symptoms, and/or are not feeling well.

• Contact your health care provider immediately and follow the CDC-recommended steps for self-isolation, if advised.
• Also, immediately notify your supervisor to determine if you will work remotely or take a sick day. Your supervisor will also work with your Human Resources (HR) representative in your college or division.
• If you are a faculty member scheduled to teach a class, please work with your program head to follow the proper protocol to teach the class remotely or get a substitute.
• Employees must not return to classrooms or labs – or use NSU facilities – until symptoms such as fever have disappeared and they meet the CDC guidelines for discontinuing self-isolation.

What If I Test Positive?

Employees who test positive for COVID-19 – in addition to contacting their health care provider – must contact their supervisor and the HR representative in their college or unit for immediate guidance and support.

• The HR representative will connect you with the COVID-19 Case Manager or Environmental Health Services office so they can assess your particular case and review protocols and options available to you while you self-isolate.
• In colleges there is a designated COVID-19 coordinator for students. (See the attached list or LINK for this list with emails/contact info.) For faculty and staff, it is the HR contact.
• The COVID-19 Case Manager will have you complete an online form to capture information needed to better assist the local health department with their contact-tracing efforts.
• You are not to come to work, class or campus, or come into contact with others once you’ve been notified of a positive test result.
• Once you have successfully met the current CDC and NSU requirements listed on the official Return to Work form, you will be allowed to return to campus. Your HR rep and/or Case Manager can walk you through this if/when it becomes necessary.
• Please note: Many people who receive positive COVID-19 test results do not develop symptoms or, if so, they remain mild or moderate. If you wish to continue to work or teach remotely, this can be explored with your supervisor and HR rep.

What If I’m Asked to Quarantine?

Contact tracing is performed by the local Department of Health. Positive cases are reported to the health department, and it then conducts interviews and assessments on each reported case. It determines what other individuals may have been close to the infected person based on thresholds that assess proximity and duration of contact, as well as whether parties were using protective gear or measures at the time.

• If you are contacted by health officials, they will provide you with guidance on how to manage your self-quarantine and what to do should symptoms develop.
• Many people who have been asked to quarantine never develop any symptoms at all. So, if you feel up to it, you may be able to continue to work or conduct your classes remotely.
• Please contact your supervisor and HR rep immediately if you are informed that you need to self-quarantine so you can make arrangements for work or class coverage during this period if and as necessary.
What Are the Basic Rules I Need to Follow?

SELF-MONITORING IS MANDATORY
Faculty and staff are required to check their temperatures and check for COVID-19 symptoms each day before coming to class or campus. If you exhibit symptoms, stay at home and contact your health care provider.

FACE COVERINGS ARE MANDATORY
Based on recommendations from the Centers for Disease Control and Prevention (CDC) and local ordinances, face coverings must be worn by all students, faculty, staff, visitors, and clinic patients while on campus or using any NSU facilities or grounds. To supplement your own face coverings, NSU will provide students and staff with two free NSU face coverings, which will either be mailed to your home or distributed by your college or division sometime in August.

PHYSICAL DISTANCING IS MANDATORY
Maintain six feet (about two arm's lengths) between you and others. Signage across campus will help remind you. Like face coverings, physical distancing is mandatory. Outside of classes, where special arrangements and training have been implemented to ensure physical distancing, avoid group events or meetings and use Zoom when possible for work activities.

HANDWASHING AND DISINFECTING SURFACES ARE A MUST
These actions continue to provide added safeguards against the spread of COVID-19. Frequent handwashing for at least 20 seconds with soap is recommended. If not possible, NSU has installed additional hand-sanitizing stations on campus. Classrooms will have a supply of disinfecting wipes but it is wise for faculty and staff to also have your own personal cleaning supplies or “kit” to wipe down surfaces when you enter a work or classroom space – just as you may do when you go shopping or on errands. NSU will be adding extra cleaning and disinfecting procedures for all NSU facilities, with extra frequency in public spaces.

For more, go to nova.edu/cv19