How to Register for TELADOC

Below are the step by step instructions for registering TELADOC.

Step 1: Go to website --https://www.teladoc.com

Step 2: Click on “REGISTER”

Step 3: Fill in the required fields as indicated by the *, first name; last name, email address, phone number, date of birth
Step 4: Under: “Do you have a user name?” choose the 2nd radio button: “No-I don’t know my username”

Step 5: Under “How did you find out about Teladoc?” Choose the “1st radio button”—My employer or insurance provider offers me access to Teladoc

Step 6: “Who is your employer or insurance provider?” Begin typing ICUBA and a drop down will appear with ICUBA to choose.

You will then be prompted to enter your BCBS member id located on your BCBS ID card:

Enter your BCBS member id

BCBS member ID:

Step 7: The following page will contain your current residence and mailing address.

Step 8: Enter your User ID/Password and security question and click on “Finish”
Teladoc® Member Frequently Asked Questions

What is Teladoc?
Teladoc is the first and largest provider of telehealth medical consults in the United States, giving you 24/7/365 access to quality medical care through phone and video consults.

Who are the Teladoc doctors?
Teladoc doctors are U.S. board certified in Internal Medicine, Family Practice, or Pediatrics. They average 20 years practice experience, are licensed in your state, and incorporate Teladoc into their day-to-day practice as a way to provide people with convenient access to quality medical care.

Does Teladoc replace my doctor?
No. Teladoc does not replace your primary care physician. Teladoc should be used when you need immediate care for non-emergent medical issues. It is an affordable, convenient alternative to urgent care and ER visits.

What kind of medical care does Teladoc provide?
Teladoc provides adult and pediatric general medical care.

What consult methods are available?
You can talk with a Teladoc doctor via a phone consult, video consult within the secure member portal, or video consult within the Teladoc mobile app.

How do I set up my Teladoc account?
Setting up your account is a quick and easy process online. Visit the Teladoc website and click "Set Up Account". Follow the online instructions.

How do I request a consult to talk to a doctor?
Visit the Teladoc website, log into your account and click "Request a Consult". You can also call Teladoc to request a consult by phone.

How quickly can I talk to the doctor?
Median call back time is just 10 minutes. If you miss the doctor’s call, whether you are away from the phone or you have anonymous call blocker on, you will be returned to the bottom of the waiting list. The consult request is cancelled if you miss three calls.

Is there a time limit when talking with a doctor?
There is no time limit for consults.

Can Teladoc doctors write a prescription?
Yes, Teladoc doctors can prescribe short-term medication for a wide range of conditions when medically appropriate. Teladoc doctors do not prescribe substances controlled by the DEA, non-therapeutic and/or certain other drugs which may be harmful because of their potential for abuse.

How do I pay for a prescription called in by Teladoc?
When you go to your pharmacy of choice to pick up the prescription, you may use your health/prescription insurance card to help pay for the medication. You will be responsible for the co-pay based on the type of medication and your plan benefits.

Is the consult fee the same price, regardless of the time?
Yes! Teladoc charges one flat rate per consult.

How do I pay for the consult?
You can pay with your HSA (health savings account) card, credit card, prepaid debit card or by PayPal.

If the Teladoc doctor recommends that I see my primary care physician or a specialist, do I still have to pay the Teladoc consult fee?
Yes. Just like any doctor appointment, you must pay for the consulting doctor’s time.

Can I provide consult information to my doctor?
Yes. You have access to your electronic medical record at anytime. Download a copy online from your account or call Teladoc and ask to have your medical record mailed or faxed to you.

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24/7/365 medical coverage for you and your dependents

You and your eligible dependents can talk to a U.S. board-certified doctor anytime, anywhere, by phone or video. Teladoc® doctors can treat many of your medical conditions. Give your family access to Teladoc.

1 Set up your account (PRIMARY MEMBER)
   Visit the website and click "Set up account". Follow the online instructions to provide the necessary information and to complete your medical history.

2 Set up minor dependents (17 OR YOUNGER)
   Log into your account and click "My Family" from the top menu. Follow the online instructions to provide the necessary information and complete your dependent medical history.

3 Set up adult dependents (18 OR OLDER)
   Adult dependents set up their own account by visiting the website and clicking "Set up account". They should follow the online instructions to provide the necessary information and to complete their medical history.

4 Request a consult
   Once your account is set up, request a consult anytime and anywhere you need care. With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

Do I have a username?
When setting up your account online, you will be asked for a username. Your username can be found on your Teladoc membership card. If you do not have a membership card or you do not know your username, simply select "No" and complete the information requested.

Talk to a doctor anytime for $5!

Teladoc.com  1-800-Teladoc (835-2362)
Facebook.com/Teladoc  Teladoc.com/mobile

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Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.

**SET UP YOUR ACCOUNT**
Set up your account by phone (toll-free) web, mobile app or by texting “Get Started” to 469-844-5637.

**Online:**
Go to Teladoc.com and click “set up account”.

**Mobile app:**
Download the app and click “Activate account”. Visit teladoc.com/mobile to download the app.

**Call Teladoc:**
Teladoc can help you register your account over the phone.

**PROVIDE MEDICAL HISTORY**
Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.

**REQUEST A CONSULT**
Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

Talk to a doctor anytime for $5!

Teladoc.com
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