

ICUBA April 1, 2018 – March 31, 2019 Prescription Medication Plan

The following is a brief overview of your pharmacy benefit[‡]. To help keep your costs low, ICUBA pays a portion of the cost, and you pay the rest.

30-Day Supply

Nationwide Pharmacy Network

You have access to more than 62,000 chain and independent pharmacies including: Costco, CVS, Publix Super Markets Inc., Walgreens, Target, The Medicine Shoppe, Walmart, Winn-Dixie Stores, Inc.

90-Day Supply

Convenient Mail Service Pharmacy

Home Delivery is an easy way to receive up to a 90-day supply of your maintenance medication delivered by mail to your door. Standard shipping is free. Orders are shipped in confidential, tamper-evident packaging from Home Delivery pharmacies. Call toll-free at (800) 763-0044.

90-Day at Retail Program

This program allows you to obtain a 90-day supply of your maintenance medication at more than 45,000 participating community pharmacies.

Out-of-Pocket Maximum

In-network Rx copays will be applied toward an individual maximum out-of-pocket of \$2,000 and \$4,000 for family. Once you reach your out-of-pocket maximum, your prescriptions will be paid at 100% by the plan and no cost to you (\$0 copay).

Diabetic Supplies

The following prescribed diabetic supplies are covered at 100%, \$0 copay: meters, lancets, lancing devices, test strips, control solution, insulin needles and syringes.

Over-The-Counter and Generic Preventive Medications

With a prescription from your physician, the following OTC and generic preventive medications are covered as part of your pharmacy benefit with \$0 copay: Aspirin for adults, prenatal vitamins or folic acid for women planning or capable of pregnancy, iron supplementation, oral fluoride supplementation for children, vaccines, Vitamin D for adults, bowel preparation agents for colorectal cancer screening, and select statins for prevention of cardiovascular disease (CVD).

Tobacco Cessation

Tobacco cessation medications are covered with \$0 copay when you participate in coaching or counseling options through local Area Health Education Centers, BCBS telephonic coaching or Resources for Living counseling. (See flyer for more information!)

Specialty Medications

Certain medications used for treating complex health conditions (e.g. Hepatitis, HIV/AIDS, Oncology, etc.) must be obtained through Briova Specialty Pharmacy. Call Briova toll-free at (855) 4BRIOVA.

Optum Rx Web Portal

Find answers by visiting the OptumRx Portal through the single sign-on section at ICUBAbenefits.org with features designed so you can find your lowest copay, manage your Home Delivery prescriptions, keep track of your health history and more!

Health Care Advisor

If you have a question about your pharmacy benefit, call the Health Care Advisor team toll-free at (855) 811-2213, 24 hours a day, 7 days a week.

Copayments	Prescription-Fill Methods*		
	Retail: Up to a 30-day supply	90-Day at Retail Program Up to a 90-day supply	Mail: Up to a 90-day supply
Tier			
Preferred generics at the Nova Southeastern University (NSU) pharmacy	\$0	\$0	N/A
Preferred generics at other network pharmacies	\$5	\$10	\$10
Non-Preferred generics	\$10	\$20	\$20
Preferred brands: brand-name medications on the Preferred Medication List (PML)**	\$40	\$80	\$80
Non-preferred brands: brand-name medications not on the Preferred Medication List	\$75	\$150	\$150
Preferred specialty at Briova Specialty Pharmacy	\$75***	N/A	N/A
Non-preferred specialty at Briova Specialty Pharmacy	\$75***	N/A	N/A

[‡] Prior authorization may be required to ensure safe and effective use of select prescription drugs. Your physician may be asked to provide additional information to determine medical necessity.

* Unless medically necessary, members will be required to pay the difference in cost between a brand and generic drug if the brand is requested when a generic equivalent is available.

** The PML is a list of medications preferred by your plan that can help you maximize your pharmacy benefit by minimizing your prescription costs. You can view the PML online by visiting optumrx.com/mycatamaranrx.

*** Specialty medications are limited to a 30 Day Supply. Copay Assistance Cards are acceptable to preferred specialty product

A
hands-on
approach...

...to
personalized
care



**BriovaRx is
the OptumRx®
specialty
pharmacy**

At BriovaRx, we're dedicated to making a meaningful impact on every patient's well-being, with every interaction. We do this by remembering that the patients we care for are people just like us. We value the trust you place in us, recognize that we must earn that trust every day and make sure we treat people with compassion.

Introducing BriovaRx® Specialty Pharmacy

Personalized patient care

Hands-on service to help you get the special treatment you need

Complete consultation

A pharmacist or nurse calls you when we receive your first prescription. He or she discusses your treatment plan, dosing and potential side effects with you.

Regular follow-up

We get to know you. Our care providers help you stay on track with your treatment. We stay in direct contact with you and your doctor.

Fast, reliable service

Easy enrollment to get you started right away. Free and fast home delivery of medications. We're always there to remind you of refills and answer questions.

BriovaRx provides treatment for complex conditions including:

- Ankylosing Spondylitis
- Cancer
- Crohn's Disease
- Enzyme Deficiencies and Lysosomal Storage Disorders
- Growth Hormone Deficiency
- Hemophilia
- Hepatitis C
- Infertility
- Juvenile Arthritis
- Multiple Sclerosis (MS)
- Organ transplant
- Osteoarthritis
- Psoriasis
- Rheumatoid Arthritis
- Respiratory Syncytial Virus (RSV)



To learn more about our personalized care, call **855-4BRIOVA (855-427-4682)**

or visit **BriovaRx.com**



ICUBAcares

Pharmacist Advocate Program

Real Pharmacists • Real Advocates • Real Solutions

Call 1-877-286-3967
Monday to Friday 9 AM-5 PM

Our ICUBAcares Pharmacist Team is ready to:

- ✓ Serve as a liaison between your doctor, the pharmacy and the insurance company—taking the burden off of you!
- ✓ Answer questions on a medication you are taking or considering—providing useful information on side effects and drug interactions.
- ✓ Discuss preferred and non-preferred tier options to save you money.
- ✓ Provide assistance for a prior authorization from your provider.

Speak with a pharmacist directly, and have your personal questions answered over the telephone!

Our ICUBAcares Pharmacist Advocates will make outbound phone calls to members identified for specific services and assistance. Our members can also call our Pharmacist Advocates directly at 1-877-286-3967 Monday through Friday from 9:00 AM to 5:00 PM EST and speak to a real pharmacist if a question arises.



2017-2018 PY

ICUBAcares

Pharmacist Advocate Program

Real Pharmacists • Real Advocates • Real Solutions

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2017-2018 PY



Pharmacy:	
RxBIN	603286
RxPCN	01410000
RxGrp	216458
ID	Head of household alias ID# or SSN

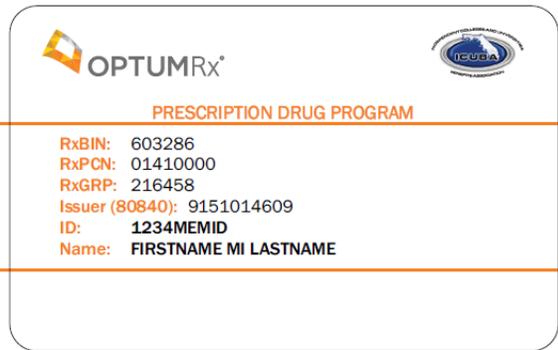
Dear Valued Member:

OptumRx is pleased to administer your prescription benefit program. Over the next few weeks you will receive a welcome packet including your new member identification (ID) cards and benefit information.

If you need to obtain prescriptions but have not received your member ID card, please present this form to the pharmacy staff. The pharmacy should be able to verify your benefits using your social security number.

Sample Prescription Drug ID Card

FRONT



BACK



If you have a question about your pharmacy benefits or need to locate a nearby participating pharmacy, please call the OptumRx Member Services Department at 1-800-207-2568 (TTY 1-888-411-0767), 24 hours a day, seven days a week.

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 *** Specialty medications are limited to a 30 Day Supply. Copay Assistance Cards are acceptable to preferred specialty product

optumrx.com/myCatamaranRx
Your personal website is waiting



This private, secure website is designed just for you. All of your pharmacy plan information is available and kept up-to-date in real time.

Easy access allows you to:

- Manage all your prescriptions on a single dashboard
 - Update your information and complete health profile for home delivery
 - Order mail order refills
 - Compare prices at local pharmacies
 - Find your lowest prescription cost
 - Locate your pharmacy and get driving directions
 - Keep track of your health history
 - Learn more about your drugs
 - Take it all with you through the mobile app
 - Manage prescriptions for your dependents and family members, where appropriate
- ... and much more.

Visit optumrx.com/myCatamaranRx

Use your member ID number to register. **Questions?** Call member services at the phone number on your ID card.



Mobile app — Good health is in your hands

The mobile app provides easy, on-the-go access to your personalized health information. Once you have your member ID number, download the app to take advantage of the benefits your pharmacy plan offers.

With the mobile app in your pocket:

- Never miss a dose. Set reminders to take your prescription or over-the-counter medications.
- Stay on top of medication refills. See when refills are due, get refill reminders and quickly contact your pharmacy.
- Show your doctor exactly what medications you are taking.
- Pull up your medication history anytime.
- Learn about medication side effects and interactions.
- Find network pharmacies by ZIP code or location, then check and compare current prescription prices.
- Have one-touch access to your electronic pharmacy ID card.
- Order refills from home delivery.

Managing your prescription medications is a key part of managing your health. Take your medication information with you wherever you are with the mobile app.



Scan now for
the mobile app



Get the app by searching for **OptumRx/CatamaranRx** at the Apple App StoreSM, Google PlayTM or scanning the QR code.



OptumRx specializes in the delivery, clinical management and affordability of prescription medications and consumer health products. We are an OptumTM company — a leading provider of integrated health services. Learn more at optum.com.

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