WHAT WE OFFER

We are here to help you create opportunities for effective change.

The Nova Southeastern University (NSU) Family Therapy Clinic sees people from all walks of life who are dealing with personal concerns, difficult relationships, or their children’s needs. Our goal is to help you discover creative solutions to problems.

We can help you develop
• a happier relationship
• better ways to communicate with those who are important to you
• school success
• good parenting skills
• a stronger blended family
• a healthier intimate relationship
• a blending of medical and family issues
• a family that works together
• safe ways to work through life’s challenges

Most of our clients are able to turn things around in 5 to 10 sessions.

FEATURES

Extra conveniences include
• day and evening appointments
• access to therapeutic teams
• quick entry into first appointments
FREQUENTLY ASKED QUESTIONS

WHO WILL HELP ME?
Our therapists are graduate students who have training in brief therapy and receive ongoing AAMFT*-approved supervision by NSU faculty members from the Department of Family Therapy/College of Arts, Humanities, and Social Sciences.

We focus on our clients’ strengths and resources. When you come to see us, we will explore the difficulties you are facing and help you work on the solutions that will make life better.

*American Association for Marriage and Family Therapy

FEES AND HOURS
NSU’s Brief Therapy Institute is a fee-for-service facility that provides services at affordable rates.

Services are by appointment only.
Monday–Thursday, 9:00 a.m.–9:00 p.m.
Friday, 9:00 a.m.–4:00 p.m.
Saturday, 9:00 a.m.–3:00 p.m.

APPOINTMENTS
Call (954) 262-3030.

NSU’s Brief Therapy Institute conducts state-of-the-art training. Highly motivated graduate students pursuing their degrees through the Department of Family Therapy are supervised by qualified, licensed professionals.

Services are available to individuals regardless of race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin.
FAMILY THERAPY CLINIC AT
NSU’S BRIEF THERAPY INSTITUTE
Maltz Building
3301 College Avenue
Fort Lauderdale, Florida 33314-7796
(NSU Fort Lauderdale/Davie Campus)
(954) 262-3030 | nova.edu/healthcare/familytherapy

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate’s, baccalaureate, master’s, educational specialist, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4907 or call 404-679-4500 for questions about the accreditation of Nova Southeastern University. Nova Southeastern University admits students of any race, color, sexual orientation, gender, gender identity, military service, veteran status, and national or ethnic origin. 07-006-19RNK