

QUICK DRINKING SCREEN (QDS) and References

QDS Administration Instructions

This is an interviewer administered form. It will only take a few minutes to answer the 4 questions.

In the questions below **1 Standard Drink** is defined as

- 1-12 oz. regular can or glass of beer, or
- 1-5 oz. glass of regular wine, or
- 1 ½ oz. of regular proof hard liquor or spirits

A number MUST be filled in for each question below. Do not use words like “a lot” or “much”.

The next few questions relate to your alcohol use in the **PAST 90 DAYS**.

a. In the past 90 days, **on average**, how many **days per week** did you drink alcohol?

Average days per week _____ (0 to 7)

b. In the past 90 days, **on average**, when you did drink alcohol how many **standard drinks** would you have in a **day**?

Average number of standard drinks per day _____ (0 to 40)

c. **In the past 90 days**, on one occasion or day, how many times have you had **5 or more standard drinks (for men)** or **4 more standard drinks (for women)**?

Number of binge drinking days in the past 90 _____ (0 to 90)

d. **DO NOT ASK:** Multiply Questions b and c above to get **standard drinks per week** in the past 90 days:

Number of standard drinks per week _____

References Supporting the Psychometric Properties of the QDS

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Sobell, L. C., Agrawal, S., Sobell, M. B., Leo, G. I., Young, L. J., Cunningham, J. A., & Simco, E. R. (2003, 2003/11//). Comparison of a Quick Drinking Screen with the Timeline Followback for individuals with alcohol problems. *Journal of Studies on Alcohol, 64*, 858-861.