

Quick Drinking Screen

The first few questions are about your alcohol use in the past 90 days. For these questions, we ask people to report their drinking in terms of STANDARD DRINKS.

For example, one Standard Drink is equal to

READ SLOWLY

- One 12-ounce bottle/can of regular beer, OR
- One 5-ounce glass of regular (12%) wine, OR
- 1 1/2 ounces of hard liquor either straight or in a mixed drink OR
- One 12-ounce wine cooler

Remember that the following questions are about what you did in the last 90 days.

Again those dates are: ____/____/____ to Day Before Your 1st Call to Us
Month Day Year

So the time period we are talking about is from (name of month and day) to Day Before Your 1st Call to Us.

Question 1. In the past 90 days, did you drink ANY alcoholic beverages, even one drink? (Q1)

___ Yes ___ No

Question 2. In the past 90 days, on average how many days per week did you drink ANY alcoholic beverages?

** ____ days/week (Q2)

Question 3. **INTERVIEWER:

If Q2 is answered as "0" days per week, that is, the person drinks, but not weekly, then ask:

How many days out of the past 90 did you drink any alcohol: _____ # days drank alcohol in past 90 days (Q3)

Question 4. On average, on days when you drank, how many standard drinks did you drink in a day? _____ drinks (Q4)

Question 5. INTERVIEWER: MULTIPLY Q2 x Q4 to get: Drinks Per Week _____ drinks/week (Q5)

Question 6. In the past 90 days, how many days did you drink 5 or more standard drinks in one day? _____ days (Q6)

Key Variables For A Given Temporal Interval (e.g., per year, per 90 days):

- Days drinking per week
- Drinks per week
- Drinks/drinking day
- Days drinking ≥ 5 drinks per

References supporting the psychometric properties of the Quick Drinking Screen.

- Dum, M., Sobell, L. C., Sobell, M. B., Heinecke, N., Voluse, A., & Johnson, K. (2009). A Quick Drinking Screen for identifying women at risk for an alcohol-exposed pregnancy. *Addictive Behaviors, 34*(9), 714-716. doi: 10.1016/j.addbeh.2009.04.001
- Roy, M., Dum, M., Sobell, L. C., Sobell, M. B., Simco, E. R., Manor, H., & Palmerio, R. (2008). Comparison of the Quick Drinking Screen and the alcohol Timeline Followback with outpatient alcohol abusers. *Substance Use & Misuse, 43*(14), 2116-2123.
- Sobell, L. C., Agrawal, S., Sobell, M. B., Leo, G. I., Young, L. J., Cunningham, J. A., & Simco, E. R. (2003). Comparison of a Quick Drinking Screen with the Timeline Followback for individuals with alcohol problems. *Journal of Studies on Alcohol, 64*(6), 858-861.