***Drug History Questionnaire (DHQ) Instructions***

If detailed drug use information is needed the Drug History Questionnaire can reliably provide information about clients’ lifetime and recent drug use, used, route of administration, frequency of use, year last used.

The article describing the DHQ is: Martin & Wilkinson, 1989; L. C. Sobell, Kwan, & Sobell, 1995; Wilkinson, Leigh, Cordingley, Martin, & Lei, 1987.

The DHQ ……

* Is other-administered
* Takes about 3 to 5 minutes to complete
* Uses a card sort to help clients accurately recall their drug use
* Clients’ answers are recorded on the form

**The Following Example Explains How To Complete The DHQ With Clients**

*“Now we are going to look at your past and present use of different drugs. I have several cards here with the names of different drugs on them which I’d like you to sort into two piles. The first pile would include drugs that you have* **never used***, not even once, and the second would be drugs you’ve* **used at least once.** [Client sorts cards into two piles.]

*“Now, I’d like you to take the cards with the names of drugs on them that you said you used at least once and sort these into two more piles—the first is drugs that you* **used just once or on an experimental basis***, and the second pile would be those drugs that you have used* **more frequently.** [Client sorts into two additional piles.]

*“Now, I want to ask you a few questions about those drugs that you used more frequently.”*