

CLIENT HANDOUT 4.2

**Personalized Feedback: Where Does Your Drug Use Fit In?**  
*Individual and Group Therapy Session 1*

**THINKING ABOUT CHANGING?**

The following information relates to your use of \_\_\_\_\_  
**Primary Drug**

Based on your answers to questionnaires you completed earlier, we have prepared a **personalized summary** of your **DRUG USE**. These include:

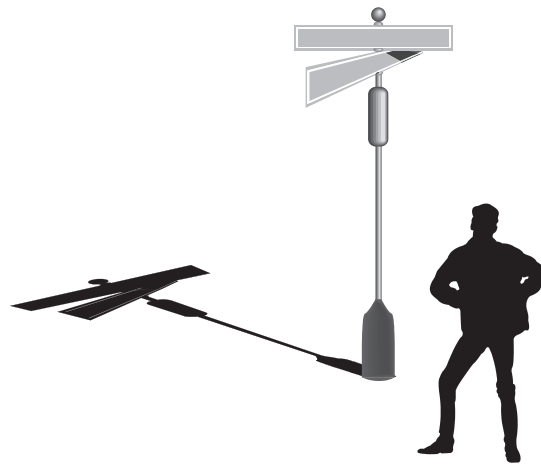
**1. A graph showing how many people have used your primary drug in the past year, past month, and lifetime.**

Compare your drug use with that of others to see where you fit in.

You reported using drugs on \_\_\_\_\_ % of days in the last 3 months.

**2. Your score on the DAST**, a questionnaire that evaluates the extent to which a person's drug use is a problem. **Where does your score fit in?**

**3. Consequences you reported that are related to your drug use.**

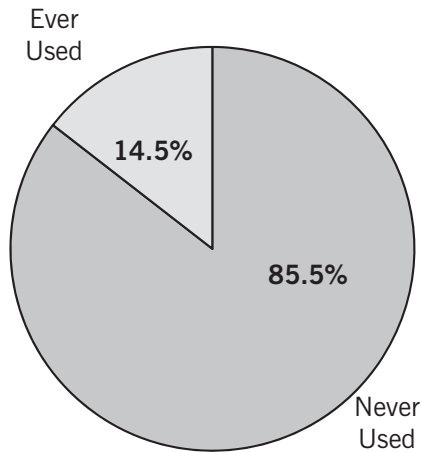


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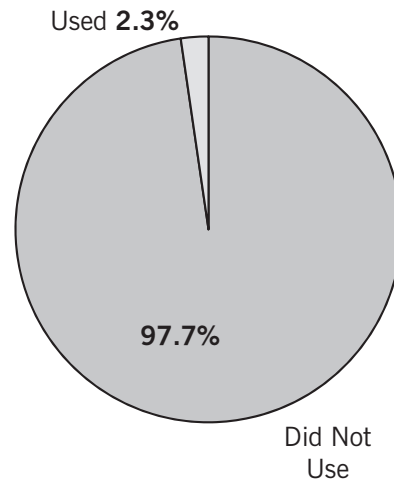
## Cocaine and Crack Use by Persons 12 Years and Older in the United States\*

### Where Do You Fit In?

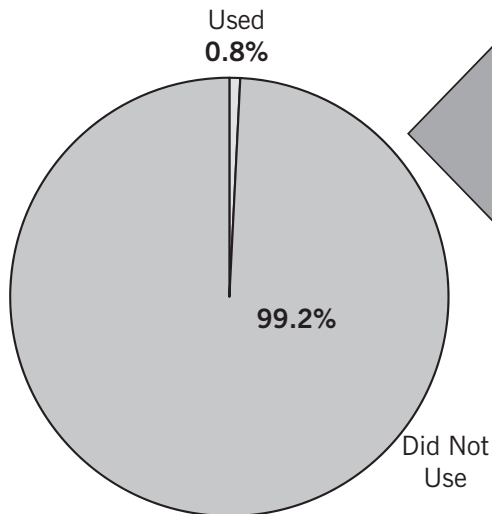
#### Lifetime



#### Past Year



#### Past Month



#### Use By Age

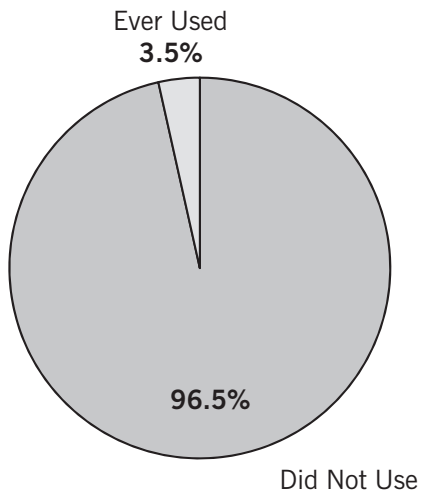
Ages 12-17:	0.4%
Ages 18-25:	1.7%
Ages 26 & Older:	0.7%

\* 2007 National Survey on Drug Use & Health

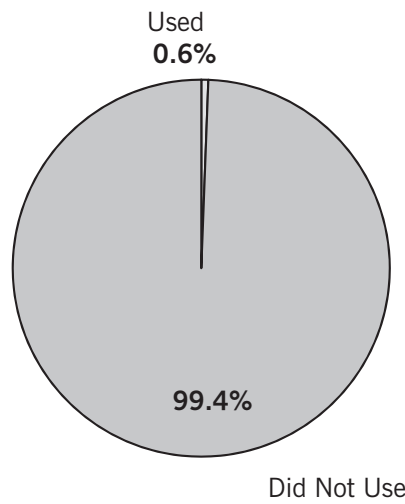
## Crack Use by Persons 12 Years and Older in the United States\*

### Where Do You Fit In?

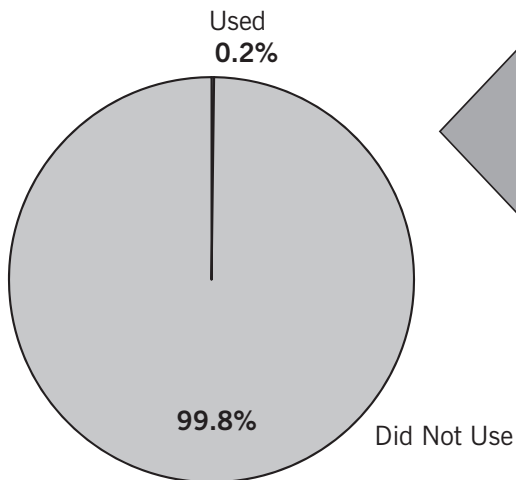
#### Lifetime



#### Past Year



#### Past Month



#### USE BY AGE

Ages 12-17: 0.1%

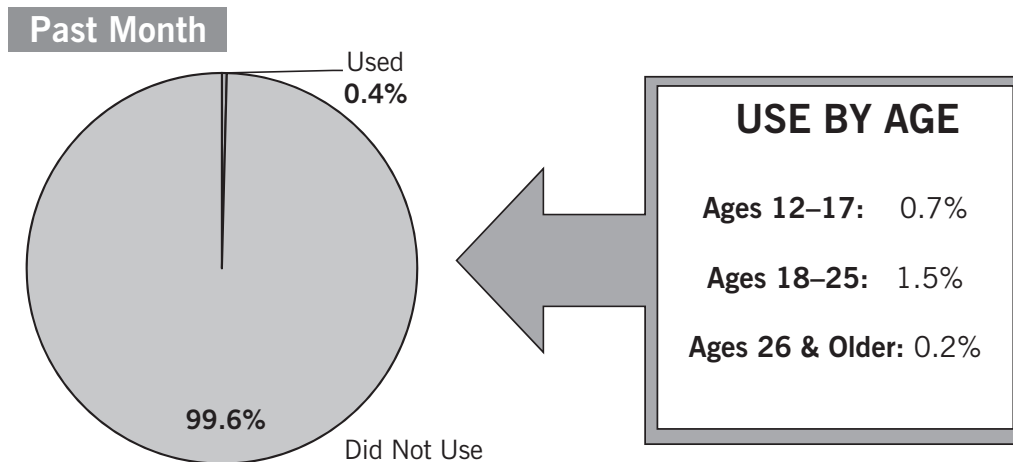
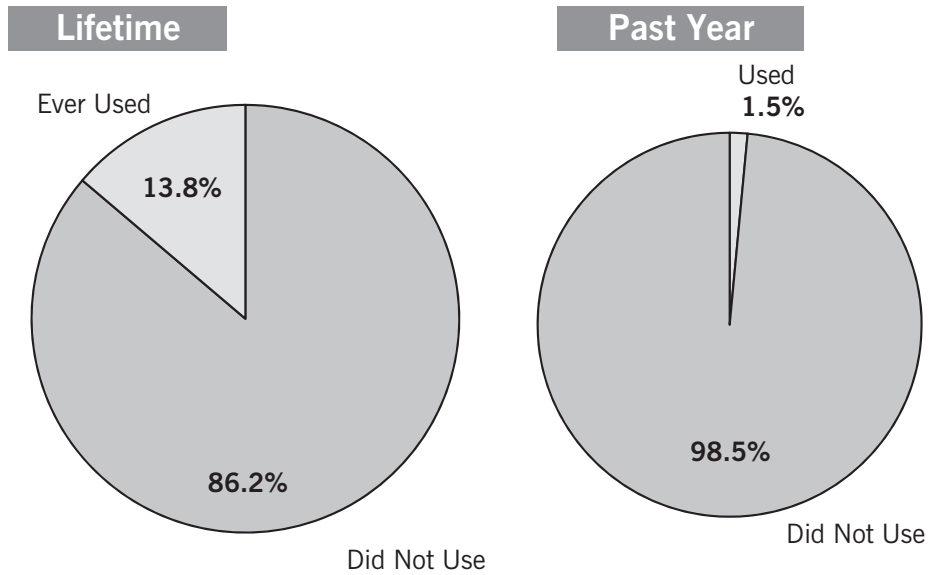
Ages 18-25: 0.2%

Ages 26 & Older: 0.3%

\* 2007 National Survey on Drug Use & Health

## Hallucinogens Use by Persons 12 Years and Older in the United States\*

### Where Do You Fit In?

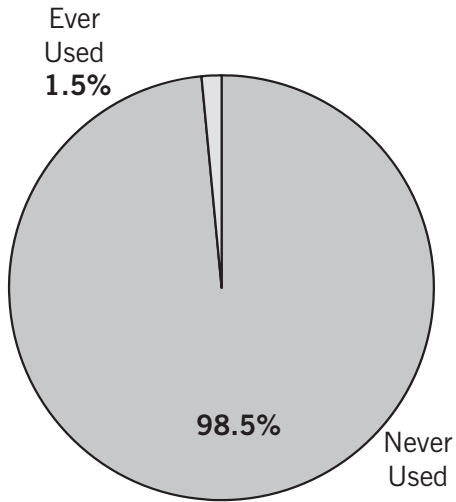


\* 2007 National Survey on Drug Use & Health

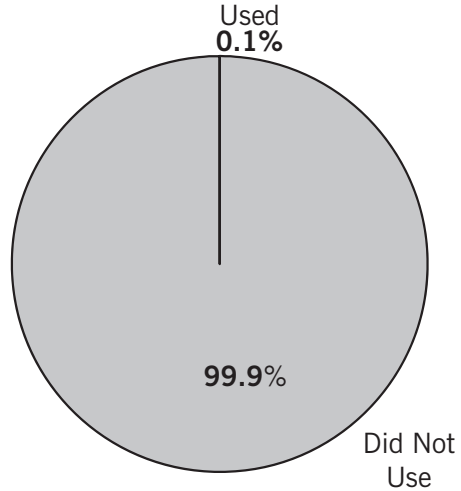
### Heroin Use by Persons 12 Years and Older in the United States\*

#### Where Do You Fit In?

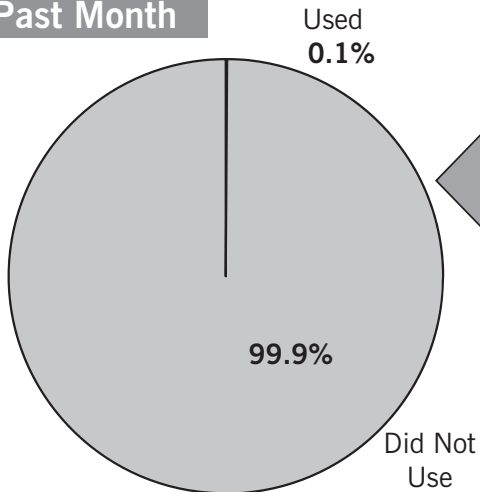
#### Lifetime



#### Past Year



#### Past Month



#### USE BY AGE

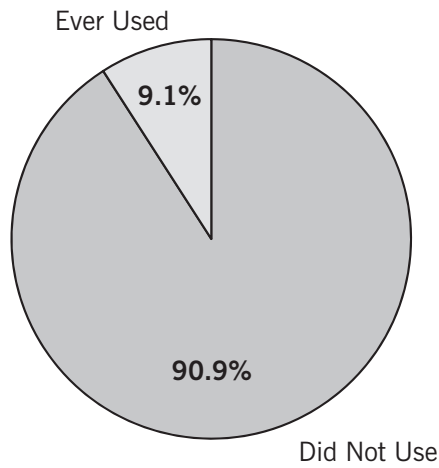
- Ages 12-17: 0.0%
- Ages 18-25: 0.1%
- Ages 26 & Older: 0.1%

\* 2007 National Survey on Drug Use & Health

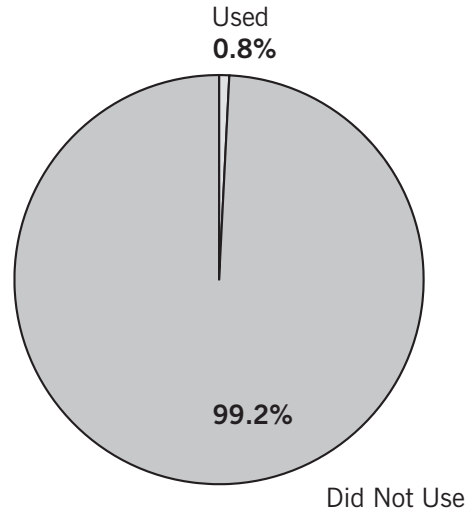
## Inhalant Use by Persons 12 Years and Older in the United States\*

### Where Do You Fit In?

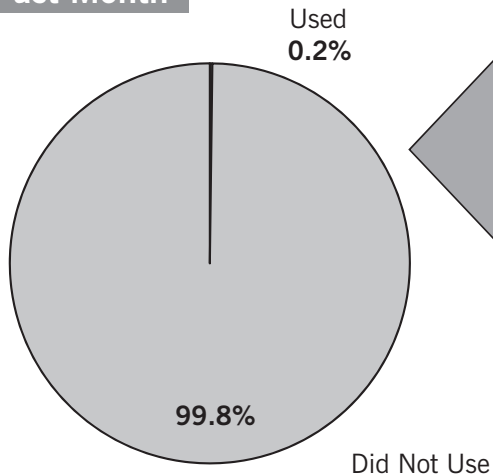
#### Lifetime



#### Past Year



#### Past Month



#### USE BY AGE

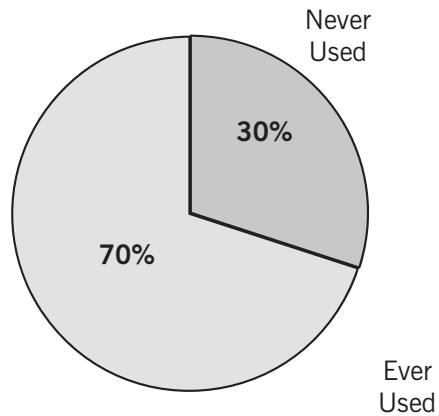
Ages 12–17:	1.2%
Ages 18–25:	0.4%
Ages 26 & Older:	0.1%

\* 2007 National Survey on Drug Use & Health

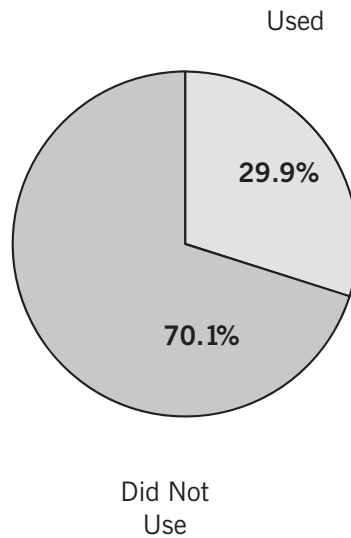
## Cigarette Use by Persons 18 Years and Older in the United States\*

### Where Do You Fit In?

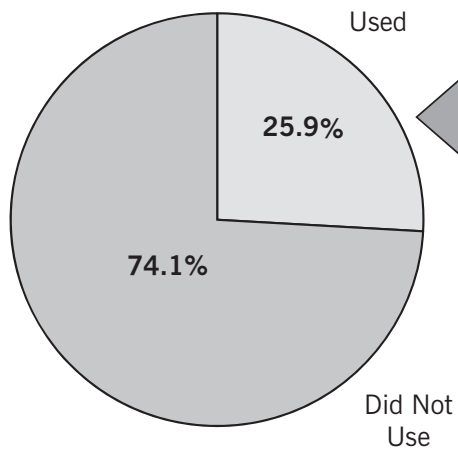
#### Lifetime



#### Past Year



#### Past Month



#### Use By Age

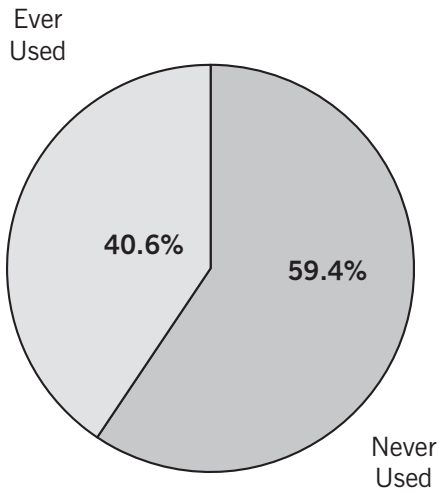
**Ages 18–25:** 41.8%  
**Ages 26 & Older:** 28.5%

\* 2007 National Survey on Drug Use & Health

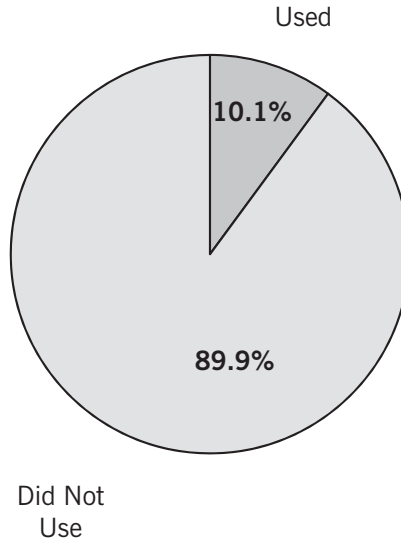
## Marijuana and Hashish Use by Persons 12 Years and Older in the United States\*

### Where Do You Fit In?

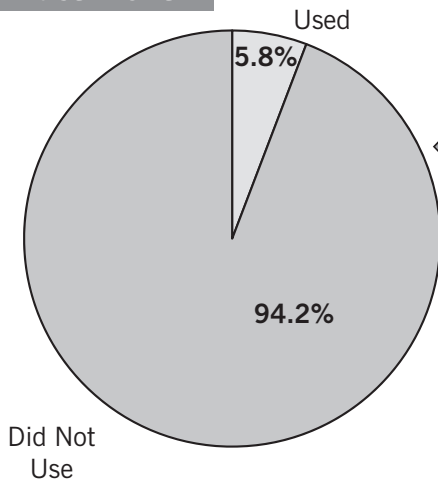
#### Lifetime



#### Past Year



#### Past Month



#### Use By Age

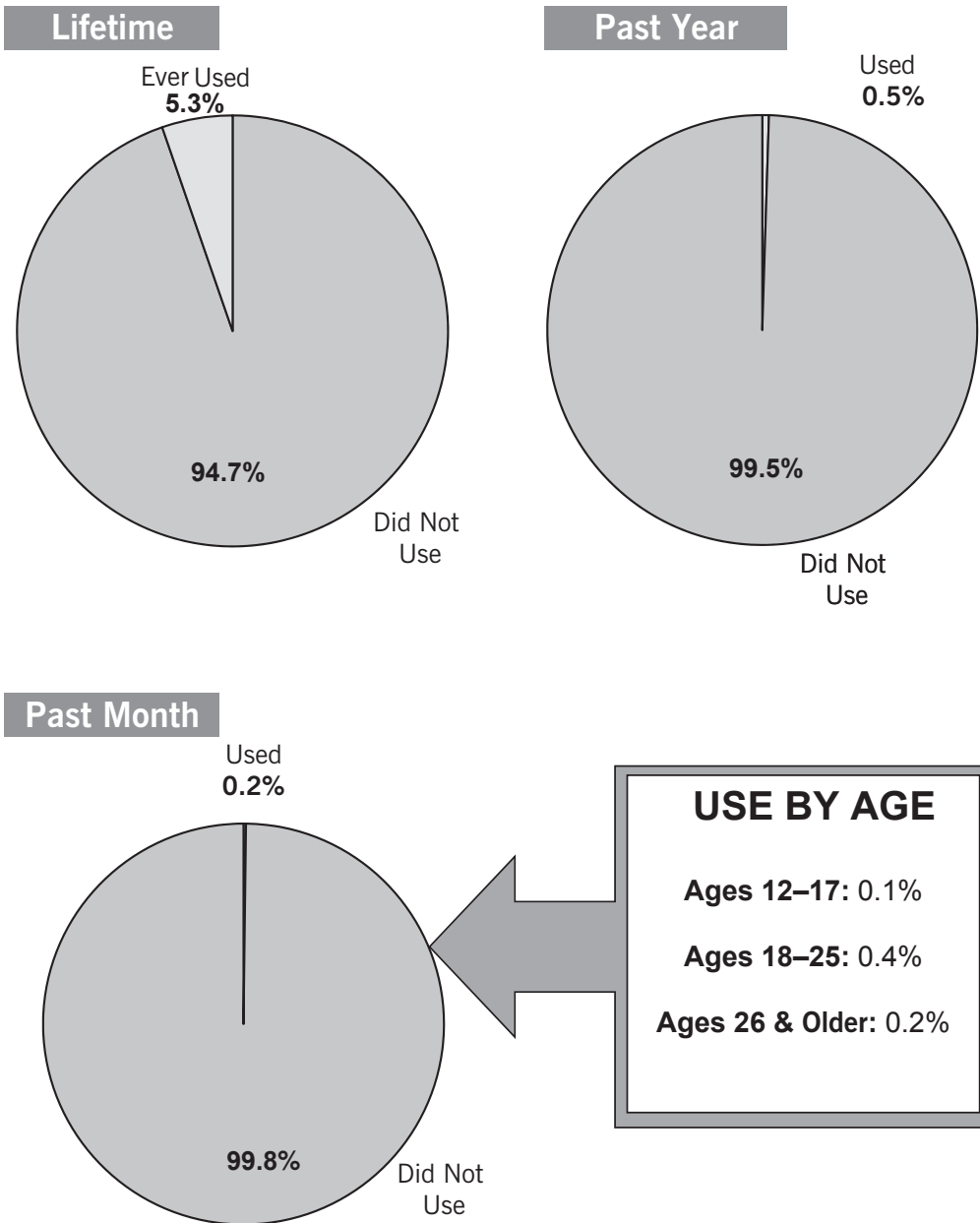
Ages 12-17:	6.7%
Ages 18-25:	16.4%
Ages 26 & Older:	3.9%

\* 2007 National Survey on Drug Use & Health



## Nonmedical Methamphetamine Use by Persons 12 Years and Older in the United States\*

### Where Do You Fit In?

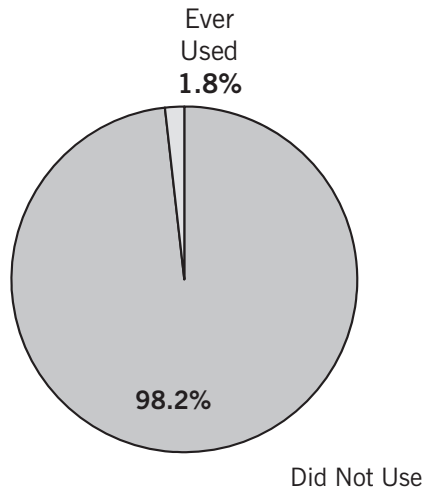


\* 2007 National Survey on Drug Use & Health

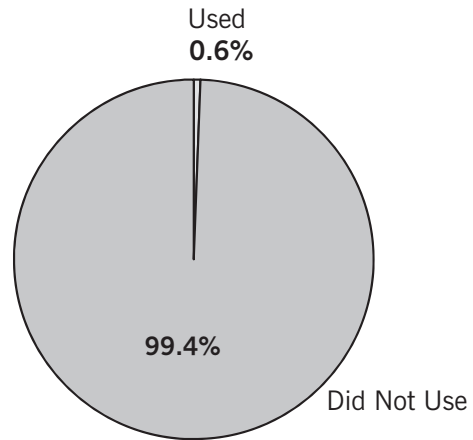
## Nonmedical OxyContin® Use by Persons 12 Years and Older in the United States\*

### Where Do You Fit In?

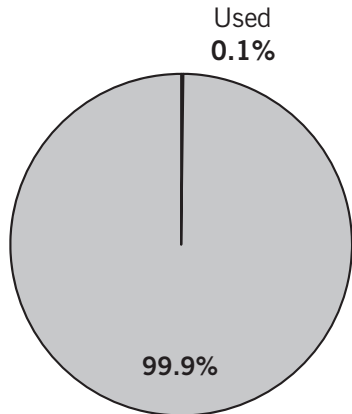
#### Lifetime



#### Past Year



#### Past Month



USE BY AGE	
Ages 12–17:	0.2%
Ages 18–25:	0.5%
Ages 26 & Older:	0.1%

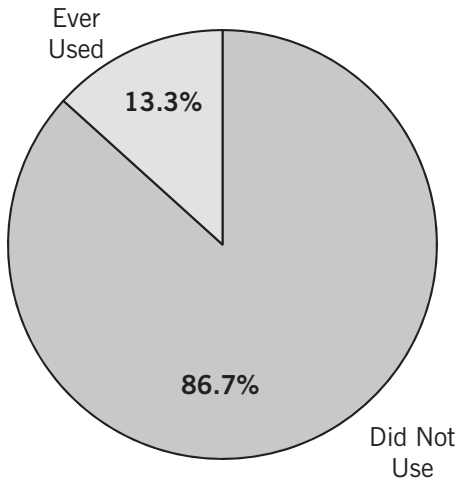
Did Not Use

\* 2007 National Survey on Drug Use & Health

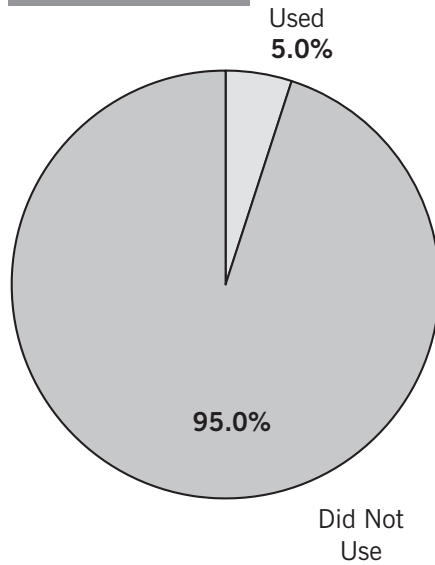
### Nonmedical Use of Pain Relievers by Persons 12 Years and Older in the United States\*

#### Where Do You Fit In?

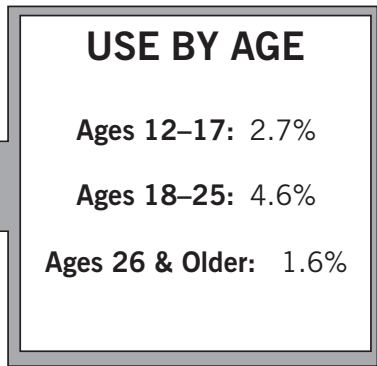
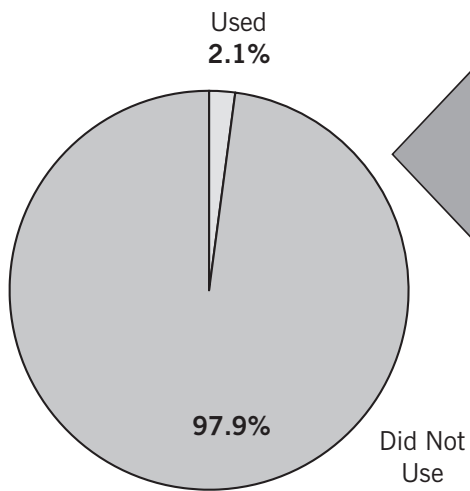
#### Lifetime



#### Past Year



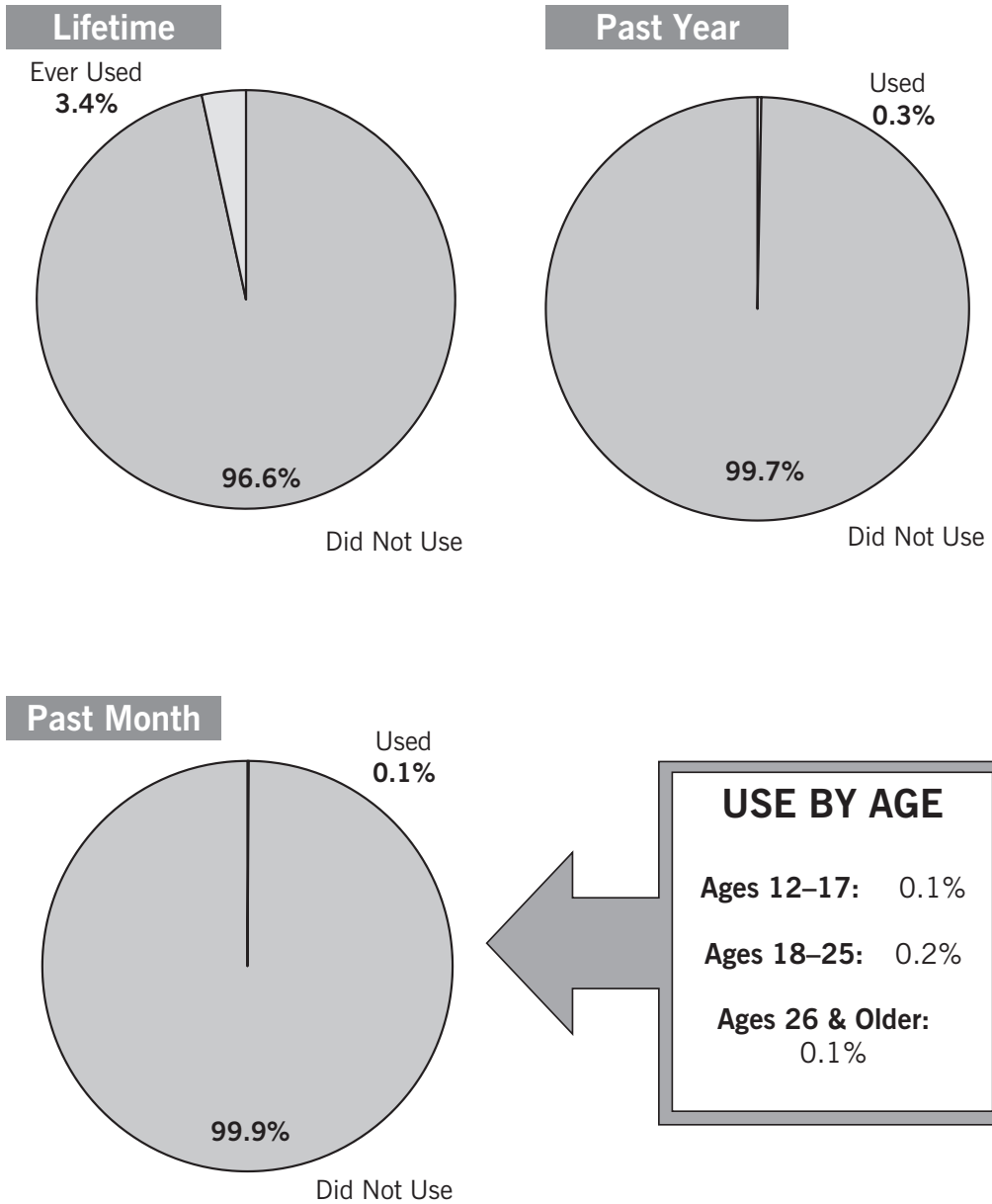
#### Past Month



\* 2007 National Survey on Drug Use & Health

### Nonmedical Sedative Use by Persons 12 Years and Older in the United States\*

#### Where Do You Fit In?

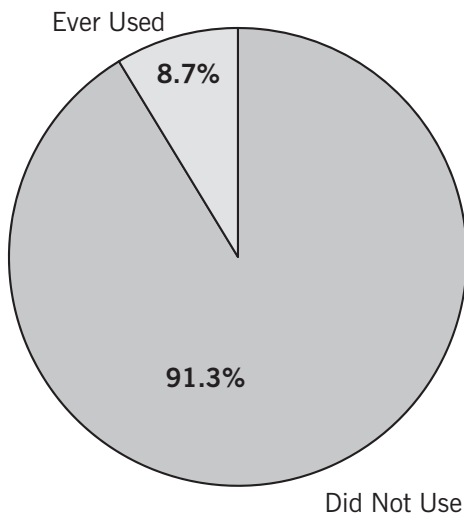


\* 2007 National Survey on Drug Use & Health

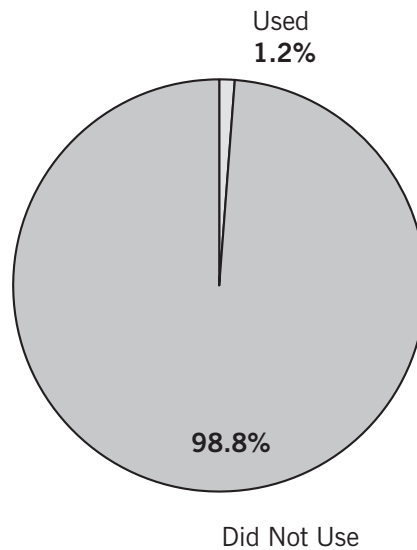
## Nonmedical Stimulant Use by Persons 12 Years and Older in the United States\*

### Where Do You Fit In?

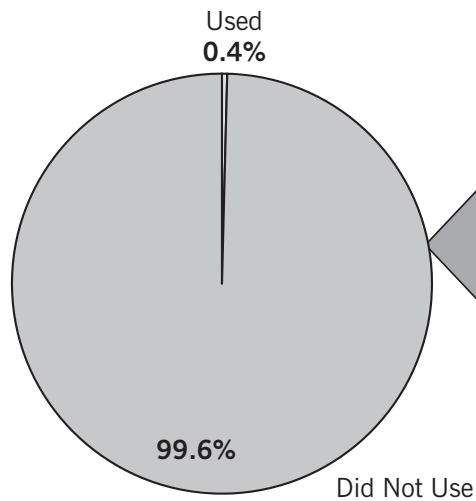
#### Lifetime



#### Past Year



#### Past Month



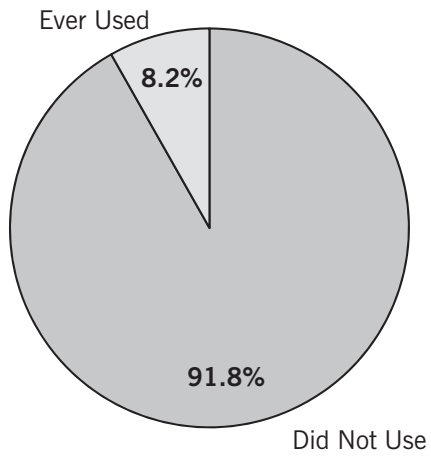
USE BY AGE	
Ages 12-17:	0.5%
Ages 18-25:	1.1%
Ages 26 & Older:	0.3%

\* 2007 National Survey on Drug Use & Health

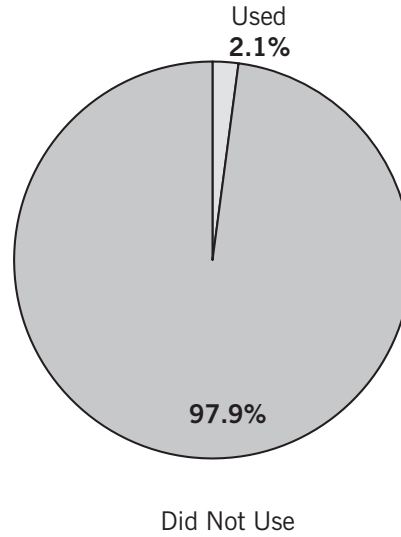
## Nonmedical Tranquilizer Use by Persons 12 Years and Older in the United States\*

### Where Do You Fit In?

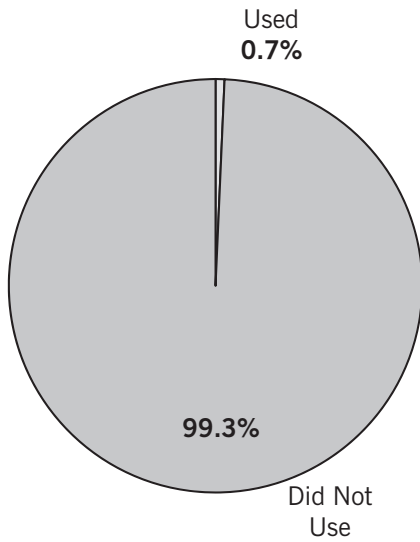
**Lifetime**



**Past Year**



**Past Month**



USE BY AGE	
Ages 12–17:	0.7%
Ages 18–25:	1.7%
Ages 26 & Older:	0.6%

\* 2007 National Survey on Drug Use & Health

## Where Does Your DRUG Use Fit In?

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The DAST-10 score evaluates the level of a person's drug problem. Below is your DAST score, which is based on materials you filled out earlier. Higher scores typically reflect more serious problems.

My primary drug is \_\_\_\_\_

<p>Where Do You Fit In? Your DAST-10 Score is _____</p>
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<p><b>Severe (9-10)</b></p>
<p><b>Substantial (6-8)</b></p>
<p><b>Moderate (3-5)</b></p>
<p><b>Low (1-2)</b></p>
<p><b>No Problem Reported (0)</b></p>