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| Terapeuta | N° de exp. |
| Meta | Fecha |

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| Día | consumo | # de copas por  tipo de bebida. | # total de copas | Situación  relacionada | Pensamientos y sentimientos relacionados con el consumo |

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| Mes y día | 1-si  2-no  3-no necesidad | Cer-  ve-  za. | Des  tila  dos | Vi  n  o | Si no consume  es 0 | So  L  o | otros | 1 | 2 |  |
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1. Lugar público 2. Lugar privado

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| Terapeuta | N° de exp. |
| Meta | Fecha |

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| Día | consumo | # de copas por  tipo de bebida. | # total de copas | Situación  relacionada | Pensamientos y sentimientos relacionados con el consumo |

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| Mes y día | 1-si  2-no  3-no necesidad | Cer-  ve-  za | Des  tila  dos | Vi  n  o | Si no consume  es 0 | So  L  o | otros | 1 | 2 |  |
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1. Lugar público 2. Lugar privado

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| Terapeuta | N° de exp. |
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| Día | consumo | # de copas por  tipo de bebida. | # total de copas | Situación  relacionada | Pensamientos y sentimientos relacionados con el consumo |

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| Mes y día | 1-si  2-no  3-no necesidad | Cer-  Ve-  Za | Des  tila  dos | Vi  n  o | Si no consume  es 0 | So  L  o | otros | 1 | 2 |  |
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1. Lugar público 2. Lugar privado



