**QUICK DRINKING SCREEN (QDS) and References**

**QDS Administration Instructions**

This is an interviewer administered form. It will only take a few minutes to answer the 4 questions.

In the questions below **1** **Standard Drink** is defined as

* + 1-12 oz. regular can or glass of beer, or
  + 1-5 oz. glass of regular wine, or
  + 1 ½ oz. of regular proof hard liquor or spirts

**A number MUST be filled in for each question below**. **Do not use words like “a lot” or “much”.**

The next few questions relate to your alcohol use in the **PAST 90 DAYS.**

a. In the past 90 days, **on average,** how many **days per week** did you drink alcohol?

**Average days per week\_\_\_\_\_\_\_\_\_ (0 to 7)**

b. In the past 90 days, **on average,** when you did drink alcohol how many **standard drinks** would you have in a **day**?

**Average number of standard drinks per day\_\_\_\_\_\_\_\_\_ (0 to 40)**

c. **In the past 90 days,** on one occasion or day, how many times have you **had 5 or more standard drinks (for men) or 4 more standard drinks (for women)**?

**Number of binge drinking days in the past 90**\_\_\_\_\_\_\_\_\_ **(0 to 90)**

d. **DO NOT ASK:** Multiply Questions b and c above to get **snadard rinks per week** in the past 90 days:

**Number of standard drinks per week**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**References Supporting the Psychometric Properties of the QDS**

Dum, M., Sobell, L. C., Sobell, M. B., Heinecke, N., Voluse, A., & Johnson, K. (2009). A Quick Drinking Screen for identifying women at risk for an alcohol-exposed pregnancy. *Addictive Behaviors, 34*(9), 714-716. <doi:http://dx.doi.org/10.1016/j.addbeh.2009.04.001>

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Roy, M., Dum, M., Sobell, L. C., Sobell, M. B., Simco, E. R., Manor, H., & Palmerio, R. (2008). Comparison of the Quick Drinking Screen and the alcohol Timeline Followback with outpatient alcohol abusers. *Substance Use and Misuse, 43*(14), 2116-2123. doi:10.1080/10826080802347586

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