

COVID-19 Truths Vs. Myths



- COVID-19 is real. It's a serious viral infection and not a hoax.
- To deny the coronavirus, you are disrespecting all Americans who have died from it.

Truths

- Coronavirus can live on stainless steel and plastic for up to 3 days
- Wearing masks has been proven to slow the spread of COVID-19.
- •COVID-19 can stay in the air for up to 3 hours, and enters through the eyes, nose, mouth, and other orifices too

- •5G causes the coronavirus
- Spraying chlorine or alcohol on the body kills the virus
- Ingesting cleaning fluid kills the virus
- •Home remedies can protect and cure against the virus. Some include taking vitamin C, zinc, and vitamin D. Other, unorthodox treatments include essential oils, burning sage, drinking excessive amounts of water, and drinking fish tank cleaner.
- You have to be with someone for at least 10 minutes to catch the virus

- •5G does not cause coronavirus because 5G transmits through radio waves which are incapable of producing viruses
- Home remedies are not as effective as proper handwashing, hand sanitizer, and social distancing.

Myth Busting

- •The longer time you spend with somebody, the higher chance of infection.
- If they were coughing or sneezing you have a much higher chance of infection.
- Spraying chlorine and alcohol on the skin cannot kill the virus which is inside the body.
- It is harmful for the skin and should only be used to disinfect surfaces. This also applies to cleaning fluids

South Florida Geriatric Workplace Enhancement(GWEP)

