

# The Power of Interprofessional Collaboration in Aging

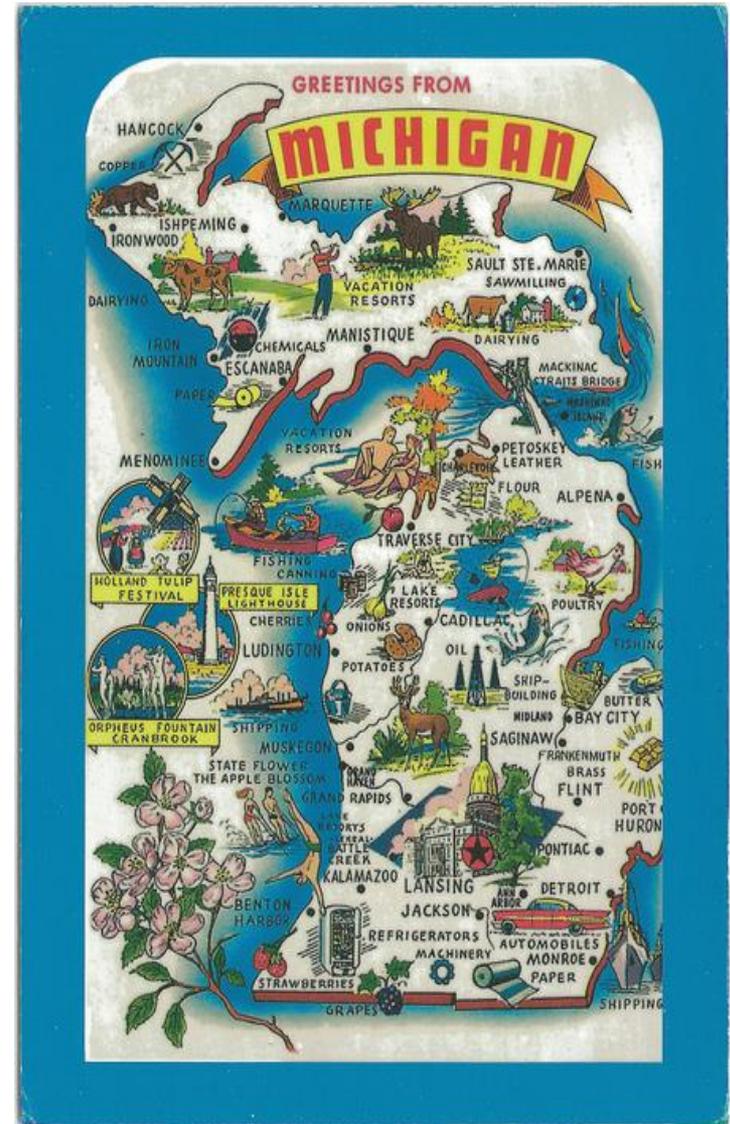
Anne K. Hughes, PhD, MSW

Linda J. Keilman, DNP, GNP-BC

Mark Ensberg, MD

Geriatric Education Center of Michigan

Michigan State University



# **Learning Objectives**

- 1. Gain an understanding of the importance of keeping patient & family needs/wants at the forefront of collaborative care management over time.**
- 2. Utilize a strength-based, holistic approach to providing quality care of older adults through interprofessional collaboration.**
- 3. Implement an effective teaching strategy incorporating the different views and expertise of professionals in a creative & innovative manner.**

# Background



- **GECM Collaboration of:**
  - **Colleges of Human & Osteopathic Medicine**
  - **College of Nursing**
  - **School of Social Work**
  - **College of Communication Arts and Science**
  - **MSU Extension**
- **4 regional community training teams**

# Setting

- **Statewide conference**
- **Annual**
- **All day with CE's for each discipline**
- **Dementia focus**
- **Participation of physicians diminishing**
- **Movement from case studies to more didactic content through lecture format**



# **Problem Statement**

**Recognizing the strength of interprofessional care, the value of person-centered care & the increasing complexity of dementia care – how can we engage a diverse audience of providers in aging to change their practice?**



# **Interprofessional Team Collaboration**

**“Interprofessional collaboration is a partnership between a team of health providers and a client in a participatory collaborative and coordinated approach to shared decision making around health and social issues”**

Canadian Interprofessional Health Collaborative (2010).  
A National Interprofessional Competency Framework

# Interprofessional Team Approach

- Includes the: client, patient, resident, families, health care professionals
- Common goals
- Specific, valued roles, respect
- Effective communication
- Information sharing
- Shared decision-making, accountability
- Outcome focused



# Strength-Based Approach

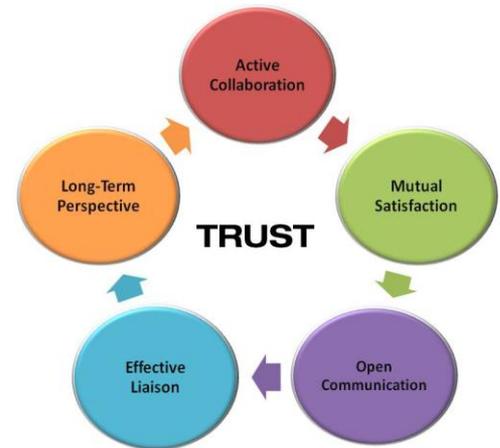


- **Focus on relationships**
  - Authentic, therapeutic
  - Dynamic; life-long process
- **Empowering individuals**
- **Collaborative approach with mutually agreed upon goals**
- **Utilizing personal/family resources of motivation & hope**
- **Consider potential**
- **Creating sustainable change through education, counseling & support** (*Hammond, 2010*)

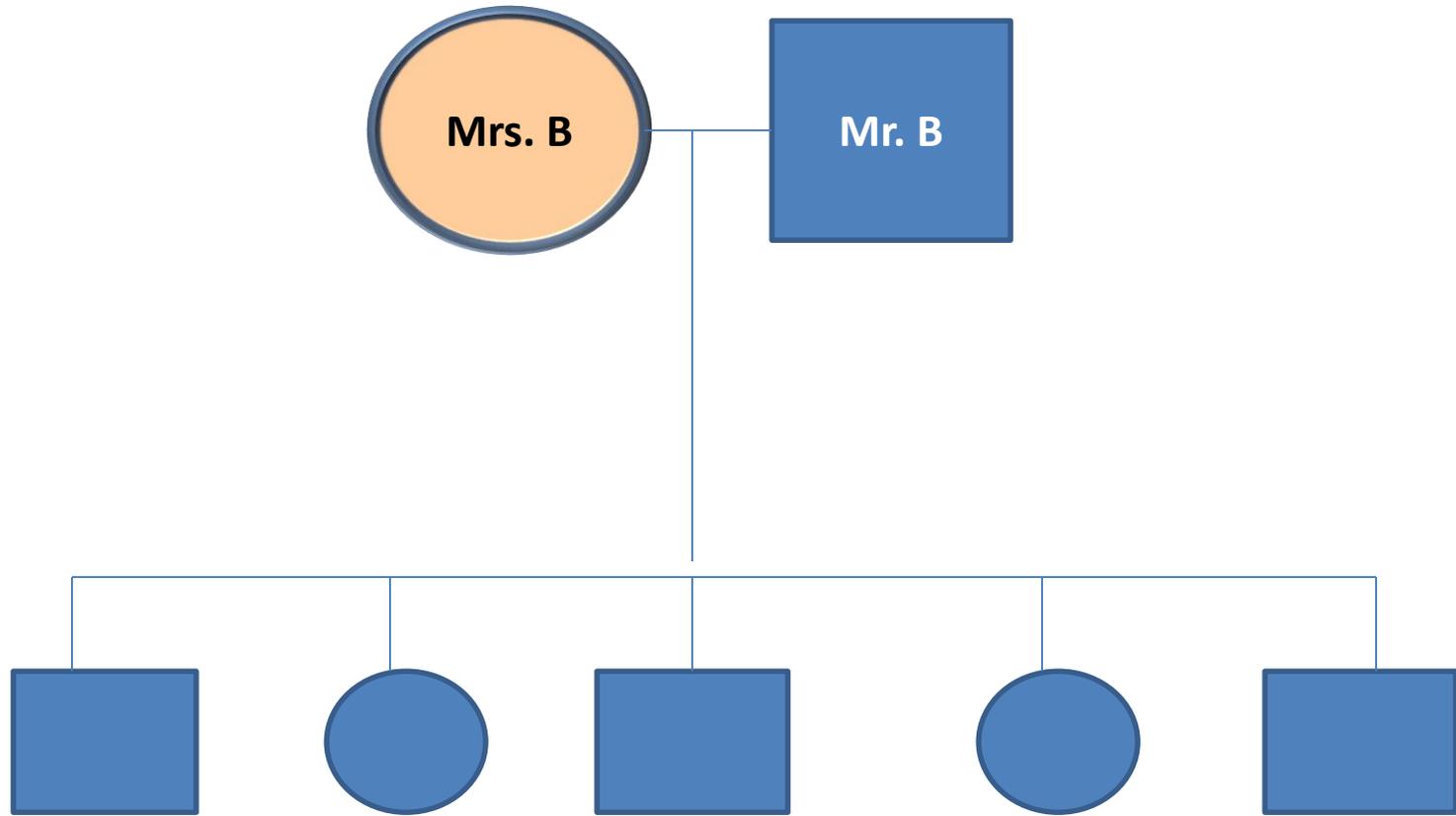


# Process/Development

- Identify an exemplar case that can highlight issues we want to focus on
  - Need for multiple lenses
  - Family involvement
  - Movement between “systems”
- Focus on changing relationships over course of advancing dementia
  - Family relationships
  - Provider relationships



# The Case



# The Program

- What the day looked like
  - Lecture
  - Case presentation in pieces
  - Break out sessions
    - Small groups
    - Each assigned a role (e.g. children, PCP)
    - Staff
  - Feedback sessions
    - Large group reports & opportunity for response
  - Evaluation



# Feedback From Participants

- The case study exercise really highlighted the need for professionals to work together to provide the best possible support team for patients/clients & their family members.
- I am more aware of the holistic approach & the importance of this.
- The group activity was very interesting as there were lots of different thoughts. I will continue to encourage the staff to REALLY listen to the seniors they work with everyday.
- Great to see such a variety of health professionals interacting - I think more was learned from sharing the various perspectives.
- The case study allowed for good professional collaboration.



- **The conference was a great opportunity to share experience & case study scenarios just to understand how interactions between all concerned removes obstacles & advances the quality of care.**
- **Gave me encouragement that my knowledge is needed & should also be considered.**
- **It was very nice to see how professionals in other fields view & assess dementia.**
- **It is so instructive to listen to other disciplines in health care & see that we face the same problems & need each other's help to care for all patients.**
- **The break out session to discuss different perspectives of the case study was a terrific way to brainstorm & think about things from a fresh perspective - good way to network & feel successful in a collaborative environment.**

# Lessons Learned

- Expose audience to multiple perspectives
- Cases are engaging & encourage interprofessional learning
- Plant seed that change is a good thing
- Whole is stronger than sum of parts
  - You have lots of potential partners
- Provide resources



# Questions



**T h a n k   Y o u !**