Week 13 Happenings: Week of November 11th, 2019

Ongoing Events:
- Weekly Yoga and Mindfulness
  - Wednesdays, 12:15-12:45PM
  - DeSantis 2101
- Digressions Literary & Art Journal Submissions
  - Submit at https://nsuworks.nova.edu/digressions/
  - Deadline: December 1st, 2019
- November S.O.S.
  - BB&T Concert
    - Friday, Nov.15th, 2019 at 6:30PM
  - Miami Heat vs New Orleans Pelicans Game
    - Saturday, November 16th, 2019 at 6:30PM

Upcoming:
- Futures Summit
  - Tuesday, November 12th, 2019 at 6PM-8:30PM, NSU Rick Case Arena, Don Taft University Center
    - https://www.eventbrite.com/e/2019-futures-summit-tickets-61060406319
- Mock Interview Night
  - Wednesday November 13th, 2019 at 5PM-8:30PM
    - DeSantis Atrium
- The Humane Experience
  - Thursday, November 14th, 2019 at 6:30PM-9PM
- Flamingo Gardens
  - Saturday, November 16th, 2019 at 1PM-4PM
    - RSVP at Shark Hub
- Latina Equal Pay Day
  - Monday, November 18th, 2019 at 12PM-1PM
    - DeSantis 3032
    - RSVP through https://forms.office.com/Pages/ResponsePage.aspx?id=MS0rLD4u8U21cfs3wEL_Gw6dX2Bx1yphdCcZG6GUYJUM1RVTFNBSU1WWINBUEZRRkVNUUdPVlHRi4u
- Service in the City
  - Tuesday, November 21st, 2019
    - Hope South Florida
- THEA 2500 Healthcare Theatre (New Course Offering)
  - Starting January 7th, 2020: Tuesday’s from 6pm-8pm
    - University Center, PVA Room 354
- Shark Fins: https://sharkfins.nova.edu/ is a website that centralizes many of the events going on around campus
CALLING ALL CREATIVE SHARKS!

SUBMISSIONS NOW OPEN FOR

DIGRESSIONS

Literary & Art Journal

Submit your fiction, poetry, creative non-fiction, artwork, and photography at https://nsuworks.nova.edu/digressions/

FOR MORE INFORMATION, CONTACT AE665@MYNSU.NOV A.EDU
THEA 2500 Healthcare Theatre

What: THEA 2500 Healthcare Theatre (New Course Offering)

When: Tuesdays from 6pm-8pm starting January 7, 2020

Who: Open to all undergraduates

Where: University Center, PVA Room 354

Why: -Learn to be a patient-centered medical professional
     -Be prepared to apply for paid positions in the NSU standardized patient pool

Contact: Dr. Bill J. Adams, wadams@nova.edu for more information

For more information about the Performing Arts visit, nova.edu/arts
STRETCH. CENTER. BREATHE.

WEEKLY YOGA & MINDFULNESS

w/ Drs. Kelly Concannon & Molly Scanlon
Wednesdays @ 12:15
DeSantis 2101

BRING YOUR OWN MAT. QUESTIONS? EMAIL MSCANLON@NOVA.EDU
MINDFULNESS CLUB!

Are you interested in joining a mindfulness club?

What is mindfulness? Mindfulness is the psychological process of purposely bringing one's attention to experiences occurring in the present moment without judgment, which one can develop through the practice of meditation and through other training.

Benefits of Mindfulness:

- Decreased Stress
- Increase your Intelligence
- Improve your General Health
- Learning Self-Acceptance
- Getting in touch with your Inner Self
- Overcoming Anxiety

These are all statistical and Empirical evidence

Interested in Knowing More?

Contact: GS977@mynsu.nova.edu

I am currently looking for a Secretary, Vice President and Executive Staff to start this club here at Nova. We would meet once per week for 1 hour to practice meditation.
S.O.S. SHARKS on the SCENE
MAKING EVERY WEEKEND YOUR BEST WEEKEND

All ticket sales will be in the Don Taft University Center in front of the Office of Campus Life and Student Engagement from 12pm to 1pm.

Friday, Nov. 1
Sunset Kayaking
Oleta River Outdoor Center
Ticket Price: $26
Ticket Sale Date: Monday, Oct. 28
Shark Shuttle Pick Up: 4:00pm

Saturday, Nov. 2
Horseback Riding
Bar-B-Ranch
Ticket Price: $35
Ticket Sale Date: Monday, Oct. 28
Shark Shuttle Pick Up: 3:00pm

Sunday, Nov. 10
Artechouse
Miami, FL
Ticket Price: $18
Ticket Sale Date: Tuesday, Nov. 5th
Shark Shuttle Pick Up: 1:30pm

Friday, Nov. 15
The Jonas Brothers
BB&T Center
Ticket Price: $88
(Club seating, food & drinks included)
Ticket Sale Date: Wednesday, Nov. 6th
Shark Shuttle Pick Up: 6:30pm

Saturday, Nov. 16
Miami Heat vs New Orleans Pelicans
American Airlines Arena
Ticket Price: $40
Ticket Sale Date: Friday, Nov. 8th
Shark Shuttle Pick Up: 6:30pm

Friday, Nov. 22
Frozen 2 IMAX
Fort Lauderdale, FL
Ticket Price: $9
Ticket Sale Date: Wednesday, Nov. 13th
Shark Shuttle Pick Up: 5:45pm

Saturday, Nov. 23
Murder Mystery Dinner Theater
Newport Beachside Hotel & Resort
FANCY DRESS | Dinner, show, & drinks included!
Ticket Price: $39
Ticket Sale Date: Thursday, Nov. 14th
Shark Shuttle Pick Up: 4:45pm

Sunday, Nov. 24
Lion Country Safari
Loxahatchee, FL
Ticket Price: $12
Ticket Sale Date: Friday, Nov. 15th
Shark Shuttle Pick Up: 9:00am

Important Notes:
- For NSU students only
- No refunds, no exceptions
- Must be present to purchase your own ticket
- Limited tickets available on a first come, first served basis
- Must present NSU SharkCard and Government-Issued ID to purchase tickets
- Only one ticket per NSU student is allowed
- All ticket sales will end when tickets have sold out
- No phone, email orders, or ticket reservations
- All attendees must ride in the transportation provided by S.O.S events
- Disability-related accommodations available upon request, please contact 954-262-7494
THE NSU COLLEGE OF PHARMACY presents the 2019 THIRD ANNUAL FUTURES X SUMMIT

NOVEMBER 12
6:00–8:30 p.m.
NSU Rick Case Arena at the Don Taft University Center
<table>
<thead>
<tr>
<th>NAME OF EVENT</th>
<th>DATE</th>
<th>TIME</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre Health Case Competition Information Session</td>
<td>Tuesday, September 10</td>
<td>12:30 p.m.-1:30 p.m.</td>
<td>Ever wonder what it’s like to be a healthcare professional? Get involved in a real-life healthcare situation and challenge yourself to develop a strategy to help increase the immunization rate in Florida.</td>
</tr>
<tr>
<td>Recruit a Shark Day is Coming: Speed Resume Review Night</td>
<td>Tuesday, September 10</td>
<td>5:00 p.m.-7:00 p.m.</td>
<td>Join us in preparation for Recruit A Shark Day, by attending this speed resume review and networking event. Various employers will be offering feedback on your resume and valuable industry tips. Great avenue to build up your resume and explore your fit by speaking 1:1 with employers.</td>
</tr>
<tr>
<td>City Furniture Case Competition Info Session</td>
<td>Wednesday, September 11</td>
<td>12:00 p.m.-1:00 p.m. &amp; 5:00 p.m.-6:00 p.m.</td>
<td>Teams of students will develop a marketing/sales solution plan to entice millennials to use City Furniture for their apartment furniture needs. Want to learn more? Attend one of our info sessions!</td>
</tr>
<tr>
<td>JCPenney Suit Up Event</td>
<td>Sunday, September 15</td>
<td>6:00 p.m.-9:00 p.m.</td>
<td>For one day only, NSU’s Career Development will be partnering with JCPenney to bring you an opportunity to purchase career apparel at an extra 30% off discount in addition to any other sales and promotions.</td>
</tr>
<tr>
<td>U.S. Army STEM Experience</td>
<td>Tuesday, September 17</td>
<td>9:00 a.m.-3:00p.m.</td>
<td>Join us for an interactive experience where you will be immersed in various Army missions. See how STEM degrees relate to these opportunities. The experience last 15 minutes.</td>
</tr>
<tr>
<td>Recruit a Shark Day is Coming: Career Fair Prep Steps</td>
<td>Tuesday, September 17</td>
<td>5:00 p.m.-7:00 p.m.</td>
<td>Join us in preparation for Recruit A Shark Day, by attending this Career Prep Steps session. You will learn the Do’s &amp; Don’ts of a Career Fair. This event will also help you understand which employers will be in attendance for Recruit a Shark Day and how to research and build connections prior and during the event.</td>
</tr>
<tr>
<td>National Security Agency NSA Information Session</td>
<td>Wednesday, September 18</td>
<td>5:00 p.m.-6:00 p.m.</td>
<td>Want to learn more about the National Security Agency (NSA). Join us for an information session to learn more about career options available with the NSA.</td>
</tr>
<tr>
<td>Recruit a Shark Day</td>
<td>Thursday, September 19</td>
<td>2:30 p.m.-6:00 p.m.</td>
<td>Are you looking for opportunities to connect with employers, research laboratories, and volunteer organizations for internships and experiences in your field? Don’t miss out on this university wide event to find an opportunity that aligns with your interests and career goals.</td>
</tr>
<tr>
<td>Employer Site Visit to RSM</td>
<td>Tuesday, October 15</td>
<td>11:00 a.m.-3:00 p.m.</td>
<td>Join us on a site visit to RSM offices in Fort Lauderdale and learn more about the company and career opportunities. RSM is a multi-national network of accounting firms, forming the fifth largest accountancy professional services network in the world.</td>
</tr>
<tr>
<td>Broward County Board of County Commissioners Info Session</td>
<td>Thursday, October 24</td>
<td>4:30 p.m.-6:00 p.m.</td>
<td>Broward County is an innovative organization recognized for excellence in a wide range of public services. Join us to learn more about the various jobs, internships and volunteer opportunities available.</td>
</tr>
<tr>
<td>Trick to the Treat of a Research Opportunity or Internship</td>
<td>Wednesday, October 30</td>
<td>11:30 a.m.-1:30 p.m.</td>
<td>Looking for a healthcare internship or research opportunity? Hear students present their Research, Medical and other Science related internships through round table discussions and learn from your peers how to obtain such opportunities.</td>
</tr>
<tr>
<td>NSU Mock Interview Night</td>
<td>Wednesday, November 13</td>
<td>5:00 p.m.-6:30 p.m.</td>
<td>Are you looking to develop your interview skills and network with top employers? Want guidance from HR personnel on your interview approach? Practice Makes Perfect! Gain feedback from employers representing a variety of industries</td>
</tr>
</tbody>
</table>
The HUMANE EXPERIENCE

November 14
6:30PM – 9:00PM
NOVA SOUTHEASTERN UNIVERSITY
MARTIN & GAIL PRESS HEALTH PROFESSIONS DIVISION LIBRARY
3200 S. UNIVERSITY DRIVE, DAVIE, FL 33328

ART IN HEALTHCARE
AN EVENING OF VISUAL AND LITERARY EXPRESSIONS OF PATIENTS AND PROVIDERS

PLEASE RSVP: NOVA.LIBWIZARD.COM/F/HUMANE2019
SEA Board Presents

Flamingo Gardens

November 16th
1pm-4pm

Reserve your spot on Shark Hub!

Scan the QR to RSVP

Further instructions will be conveyed to you via email.
LATINA EQUAL PAY DAY

Learn about Financial Independence from Professor Ackerman

11/18
12 - 1 p.m.
DeSantis 3032

Click to RSVP
SERVICE IN THE CITY

All students are invited to join SLCE for weekday service opportunities as we serve the local homeless population with HOPE South Florida.

2019 OPPORTUNITIES:

THURS., SEPTEMBER 5
THURS., SEPTEMBER 26
TUES., OCTOBER 8

TUES., OCTOBER 22
NATIONAL HUNGER AND HOMELESSNESS AWARENESS WEEK:
TUES., NOVEMBER 21

For more information about these service events and to sign up, visit SharkHub

The Office of Student Leadership and Civic Engagement
SLCE@nova.edu or (954) 262-7195.
S.E.A BOARD PRESENTS

Yellow Green
Farmers Market

Date: November 23rd, 2019
Time: 12pm-3:15pm

Reserve your spot on Shark Hub!

[QR Code]