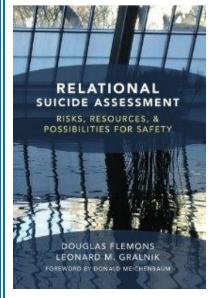
The NSU School of Humanities and Social Sciences and the FIU Department of Psychiatry and Behavioral Health invite you to a book signing, sponsored by the Broward Association for Marriage and Family Therapy.



Dr. Douglas Flemons, Professor of Family Therapy at NSU, and Dr. Leonard Gralnik, Assistant Professor of Psychiatry and Behavioral Medicine at Florida International University, will be signing copies of their newly released book, *Relational Suicide Assessment*, on April 19<sup>th</sup>, 2013, from 12 p.m. to 2 p.m. in Room 2055 of the Maltz Psychology Building. The book, published by W.W. Norton, includes a foreword by Dr. Donald Meichenbaum.

Given the isolating nature of suicidal ideation and actions, it's all too easy for clinicians conducting a suicide assessment to find themselves developing tunnel vision, becoming overly focused on the client's individual risk factors. Although critically important to explore, these

risks and the danger they pose can't be fully appreciated without considering them in relation to the person's resources for safely negotiating a pathway through his or her desperation. And, in turn, these *intra*personal risks and resources must be understood in context—in relation to the *inter*personal risks and resources contributed by the client's significant others.

In this book, Drs. Douglas Flemons and Leonard M. Gralnik, a family therapist and a psychiatrist, team up to provide a comprehensive *relational* approach to suicide assessment. The authors offer a *Risk and Resource Interview Guide* as a means of organizing assessment conversations with suicidal clients. Drawing on an extensive research literature, as well as their 50+ years of combined clinical experience, the authors distill relevant topics of inquiry arrayed within four domains of suicidal experience: *disruptions and demands*, *suffering*, *troubling behaviors*, and *desperation*.

Knowing what questions to ask a suicidal client is essential, but it is just as important to know *how* to ask questions and how to join through empathic statements. Beyond this, clinicians need to know how to make safety decisions, how to construct safety plans, and what to include in case-note documentation. In the final chapter, an annotated transcript serves to tie together the ideas and methods offered throughout the book.



Relational Suicide Assessment provides the theoretical grounding, empirical data, and practical tools necessary for clinicians to feel prepared and confident when engaging in this most anxiety provoking of clinical responsibilities.

Appetizers and refreshments will be served, and copies of the book will be available for purchase.

Please RSVP by April 17 to 954-262-3030

