The PACER Group Score Sheet

Score-keeper: _____ Group: _____ Date: _____

Laps (20-meter lengths)

Min	***Laps***													
1	1	2	3	4	5	6	7							
2	8	9	10	11	12	13	14	15						
3	16	17	18	19	20	21	22	23						
4	24	25	26	27	28	29	30	31	32					
5	33	34	35	36	37	38	39	40	41					
6	42	43	44	45	46	47	48	49	50	51				
7	52	53	54	55	56	57	58	59	60	61				
8	62	63	64	65	66	67	68	69	70	71	72			
9	73	74	75	76	77	78	79	80	81	82	83			
10	84	85	86	87	88	89	90	91	92	93	94			
11	95	96	97	98	99	100	101	102	103	104	105	106		
12	107	108	109	110	111	112	113	114	115	116	117	118		
13	119	120	121	122	123	124	125	126	127	128	129	130	131	
14	132	133	134	135	136	137	138	139	140	141	142	142	144	
15	145	146	147	148	149	150	151	152	153	154	155	156	157	

Lane	Student name	Laps completed	Pre-test	Mid-test	Post-test

- Indicate Pre-test, Mid-test, or Post-test by checking the appropriate box for each child.

Adapted from FITNESSGRAM/ACTIVITYGRAM Test Administration Manual, Fourth Edition by the Cooper Institute, 2005, Champaign, IL: Human Kinetics.