



Location

The NSU Child and Adolescent Traumatic Stress Program is part of the Psychology Services Center located on the main campus of Nova Southeastern University.

Maltz Building

3301 College Avenue

Fort Lauderdale, Florida 33314-7796



PSYCHOLOGY SERVICES CENTER THERAPY AND TESTING

NSU Child and Adolescent Traumatic Stress Program (CATSP)



About Our Program

The NSU Child and Adolescent Traumatic Stress Program (CATSP) provides children and adolescents (birth–18) who are experiencing post-trauma symptoms with specialized psychological services to help them gain greater satisfaction in their lives. In addition to the availability of services for children and adolescents, the families of these traumatized children may also obtain assistance.

Special Populations

- children who are experiencing psychological problems and physical complaints as a result of suffering some type of trauma (Examples of traumatic experiences include physical and sexual abuse, homelessness, and abandonment, as well as accidents or seeing harm or death befall a primary caregiver.)
- children who have experienced trauma as a function of witnessing violence (domestic, street, or hostage situations), automobile accidents, or natural disasters (e.g., hurricanes)
- children and adolescents who have been abused and are experiencing elimination disorders (wetting and soiling), nightmares, regressive behavior, fear and avoidance, and other problems associated with post-traumatic stress disorder
- children with acute, chronic, and/or genetic medical disorders (e.g., cancer, diabetes, spina bifida, asthma) who are exhibiting a traumatic stress reaction related to the medical problem

Services Provided

Clinical Services

Psychological assessment and evaluation, as well as individual and family therapy, is available for children and their families living in the Broward, Miami-Dade, Monroe, and Palm Beach areas.

Services are available to children, adolescents, and young adults regardless of race, color, sex, age, nondisqualifying disability, religion or creed, or national origin.

Consultative Liaison

Consultation services are available for medical personnel, professional agencies, educators, and school personnel in the South Florida region.

Training

Opportunities exist for specialized training and instruction to mental health professionals, students, and regional agencies.

Research

State-of-the-art research to develop more effective treatment regimes for children and adolescents with a variety of psychological problems, specifically with respect to post-abuse and other trauma-related symptoms, such as elimination disorders (e.g., bed-wetting), is being conducted.

Fees

The Psychology Services Center is a fee-for-service facility that provides services at affordable rates.

The Program Director

The NSU Child and Adolescent Traumatic Stress Program is directed by Jan Faust, Ph.D. She is a licensed psychologist and clinical supervisor, and has been a professor of clinical psychology at Nova Southeastern University since 1988. The director has published numerous journal articles and book chapters and frequently presents her research at professional conventions.

Clinic Hours

By appointment only

Monday–Thursday, 9:00 a.m.–9:00 p.m.

Friday, 9:00 a.m.–5:00 p.m.

For more information or an appointment, please call

(954) 262-5730

or email catsp@nsu.nova.edu.

Visit our Web site: www.nova.edu/catsp.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs. ■ Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097, Telephone number: 404-679-4501) to award associate's, bachelor's, master's, educational specialist, and doctoral degrees. 10-001-09KAR