NSU Psychological Services for the Emotionally Distressed

Location
The NSU Psychological Services for the Emotionally Distressed Program is part of the Psychology Services Center located on the main campus of Nova Southeastern University. Maltz Building
3301 College Avenue
Fort Lauderdale, Florida 33314-7796
About Our Program
The PSED Program serves individuals ranging in age from four to adulthood who exhibit some manifestation of a thought or mood disorder and demonstrate serious emotional disturbance consistent with a diagnosis of any major affective or psychotic disorder. Individuals may exhibit symptoms such as depression, mania, hallucinations, delusions, poor social development, interpersonal difficulties, lack of self care, social isolation or withdrawal, peculiar behavior, or odd beliefs.

Services Provided

Clinical Services
The PSED Program provides treatment services to adults, adolescents, and children with serious emotional disturbance. The type of services offered include:

- Individual Psychotherapy
- Family Therapy
- Marital Therapy
- Psychological Testing

The main therapeutic approach used in this program is based on psychodynamic principles and can be described as collaborative, insight-oriented, intensive, long-term talk therapy. However, in order to meet the individual needs of our clients, an eclectic approach to therapy is used overall. Therapy focuses on exploring the past and present in order to create a more satisfying and adaptive future for our clients.

Consultative Services
Consultation services are available for medical personnel, professional agencies, educators, and school personnel in the South Florida region. They should contact the program coordinator at (954) 262-5834.

About Your Therapist
Experienced doctoral trainees in clinical psychology provide all services under the close supervision of Jan Faust, Ph.D., a licensed clinical psychologist. She has extensive experience as a clinical practitioner, supervisor, consultant, educator, and researcher.

How Do I Become a Patient?
You can inquire about our services by contacting the program coordinator at (954) 262-5834. When you call, you will be asked to provide some information about yourself or your child, so that we may help you determine if our program is right for you. If our program is not a good fit for you, we can direct you to a more appropriate program.

Fees
Nova Southeastern University Psychology Services Center (NSU–PSC) provides services at affordable rates, based on a sliding scale.

Clinic Hours
By appointment only
Monday–Thursday, 9:00 a.m.–9:00 p.m.
Friday, 9:00 a.m.–5:00 p.m.

For more information regarding fees for services or an appointment, please call (954) 262-5730, or email psed@nsu.nova.edu.

Visit our Web site: www.nova.edu/psed.