NOVA SOUTHEASTERN UNIVERSITY
Sports Medicine Clinic
University Center (west entrance)
For more information and appointment call:
Tel. (954) 262-5990
Fax (954) 262-5970

DIRECTIONS:
University Drive to S.W. 36th Street
East on S.W. 36th Street
Left turn into the Central Receiving Building
Drive straight through to back right of parking lot
Parking area identified as Sports Medicine Clinic

“Sports Medicine Center of Excellence”
The Sports Medicine Clinic is a component of the Nova Southeastern University (NSU) College of Osteopathic Medicine Department of Osteopathic Principles and Practice/Division of Sports Medicine. The clinic is housed in the University Center, which is NSU’s premier multipurpose sports, recreation, wellness, and entertainment venue that is located in the heart of our Davie campus.

This clinic is unique because it offers a multidisciplinary approach to your health issues. Both the NSU community and the community-at-large are able to take advantage of a wide range of board-certified family physicians that includes:

• primary care sports medicine physicians
• neuromuscular medicine physicians
• physical therapists
• athletic trainers
• nutritionists
• sport psychologists

These experts are committed to providing the highest quality of care. They utilize a comprehensive approach for individuals with sports injuries and other musculoskeletal problems. They are committed to the importance of both physical and mental health when returning you back to sport, school, or work.

The doctors working at the Sports Medicine Clinic are physicians who also direct the Sports Medicine Post-Residency Fellowship Program. Their background enables them to view problems on a much-broader context than just the joint or area in dysfunction, and cutting-edge equipment is on hand to assist them with making a diagnosis. This equipment includes fluoroscopy, and a metabolic cart that is available for calculating VO2 max as well as conducting electrocardiograms and stress tests.

It is important to note that NSU Sports Medicine Clinic physicians are focused on non-operative intervention for your injury. The plan of care they select may include diagnostic studies, injectable manipulative medicine, prolotherapy, medications, acupuncture, or physical therapy.

NSU’s physicians and providers are actively involved in sports coverage in the community. Their sideline and team physician responsibilities include several area high schools as well as all of NSU’s NCAA Division II athletic programs. In addition, the sport psychologists can work on stress reduction, biofeedback, focus training, sports performance, and many of the other issues related to sports medicine.

Our high-tech physical therapy and rehabilitation area has many features. The dynamic exercises area includes some of the top orthopedic surgeons in South Florida, and we will help arrange further evaluation if needed.

Our clinicians are on most major medical plans and see patients from both in-house referrals and referrals in the community.