CLIENT HANOUT 4.3

Example of Personalized Alcohol Use Feedback
Pretreatment to Session 4

*Individual and Group Session 4*

Personalized feeback for ____________________________________________

The information you provided about your drinking when you first came in and over the course of treatment is shown in the graphs below.

The first graph compares how frequently (% of days) you drank during the 90 days preceding your treatment and during the time you were in the program.

*In looking at this first graph, how would you say your drinking has changed?*

The second graph compares how much you drank per drinking day during the 90 days preceding your treatment and during the time you were in the program.

*In looking at this second graph, how would you say your drinking has changed?*