CLIENT HANDOUT 4.2

Personalized Feedback: Where Does Your Drug Use Fit In?

*Individual and Group Therapy Session 1*

**THINKING ABOUT CHANGING?**

The following information relates to your use of ________________ Primary Drug__

Based on your answers to questionnaires you completed earlier, we have prepared a personalized summary of your DRUG USE. These include:

1. **A graph showing how many people have used your primary drug in the past year, past month, and lifetime.**
   
   Compare your drug use with that of others to see where you fit in.
   
   You reported using drugs on __________ % of days in the last 3 months.

2. **Your score on the DAST,** a questionnaire that evaluates the extent to which a person’s drug use is a problem. Where does your score fit in?

3. **Consequences you reported that are related to your drug use.**
Personalized Feedback: Where Does Your Drug Use Fit In?

Cocaine and Crack Use by Persons
12 Years and Older in the United States*

* 2007 National Survey on Drug Use & Health
Personalized Feedback: Where Does Your Drug Use Fit In?

Crack Use by Persons
12 Years and Older in the United States*

Where Do You Fit In?

**Lifetime**
- Ever Used: 3.5%
- Did Not Use: 96.5%

**Past Year**
- Used: 0.6%
- Did Not Use: 99.4%

**Past Month**
- Used: 0.2%
- Did Not Use: 99.8%

**USE BY AGE**
- Ages 12–17: 0.1%
- Ages 18–25: 0.2%
- Ages 26 & Older: 0.3%

* 2007 National Survey on Drug Use & Health
Personalized Feedback: Where Does Your Drug Use Fit In?

Hallucinogens Use by Persons
12 Years and Older in the United States*

Where Do You Fit In?

**Lifetime**

- Did Not Use: 86.2%
- Ever Used: 13.8%

**Past Year**

- Did Not Use: 98.5%
- Used: 1.5%

**Past Month**

- Did Not Use: 99.6%
- Used: 0.4%

**USE BY AGE**

- Ages 12–17: 0.7%
- Ages 18–25: 1.5%
- Ages 26 & Older: 0.2%

* 2007 National Survey on Drug Use & Health
Personalized Feedback: Where Does Your Drug Use Fit In?

Heroin Use by Persons
12 Years and Older in the United States*

Where Do You Fit In?

**Lifetime**
- Ever Used: 1.5%
- Never Used: 98.5%

**Past Year**
- Used: 0.1%
- Did Not Use: 99.9%

**Past Month**
- Used: 0.1%
- Did Not Use: 99.9%

**USE BY AGE**
- Ages 12–17: 0.0%
- Ages 18–25: 0.1%
- Ages 26 & Older: 0.1%

* 2007 National Survey on Drug Use & Health
Personalized Feedback: Where Does Your Drug Use Fit In?

Inhalant Use by Persons
12 Years and Older in the United States*

Where Do You Fit In?

**Lifetime**

- Ever Used: 9.1%
- Did Not Use: 90.9%

**Past Year**

- Used: 0.8%
- Did Not Use: 99.2%

**Past Month**

- Used: 0.2%
- Did Not Use: 99.8%

**USE BY AGE**

- Ages 12–17: 1.2%
- Ages 18–25: 0.4%
- Ages 26 & Older: 0.1%

*2007 National Survey on Drug Use & Health*
Cigarette Use by Persons 18 Years and Older in the United States*  

Where Do You Fit In?

**Lifetime**

- Ever Used: 70%
- Never Used: 30%

**Past Year**

- Did Not Use: 70.1%
- Used: 29.9%

**Past Month**

- Did Not Use: 74.1%
- Used: 25.9%

* 2007 National Survey on Drug Use & Health
Personalized Feedback: Where Does Your Drug Use Fit In?

Marijuana and Hashish Use by Persons 12 Years and Older in the United States*

Where Do You Fit In?

### Lifetime

- Ever Used: 40.6%
- Never Used: 59.4%

### Past Year

- Used: 10.1%
- Did Not Use: 89.9%

### Past Month

- Used: 5.8%
- Did Not Use: 94.2%

**Use By Age**

- Ages 12–17: 6.7%
- Ages 18–25: 16.4%
- Ages 26 & Older: 3.9%

* 2007 National Survey on Drug Use & Health
Personalized Feedback: Where Does Your Drug Use Fit In?

Nonmedical Methamphetamine Use by Persons 12 Years and Older in the United States*

Where Do You Fit In?

**Lifetime**
- Ever Used: 5.3%
- Did Not Use: 94.7%

**Past Year**
- Used: 0.5%
- Did Not Use: 99.5%

**Past Month**
- Used: 0.2%
- Did Not Use: 99.8%

**USE BY AGE**
- Ages 12–17: 0.1%
- Ages 18–25: 0.4%
- Ages 26 & Older: 0.2%

* 2007 National Survey on Drug Use & Health
Personalized Feedback: Where Does Your Drug Use Fit In?

Nonmedical OxyContin® Use by Persons 12 Years and Older in the United States*

Where Do You Fit In?

**Lifetime**

- Ever Used: 1.8%
- Did Not Use: 98.2%

**Past Year**

- Used: 0.6%
- Did Not Use: 99.4%

**Past Month**

- Used: 0.1%
- Did Not Use: 99.9%

**USE BY AGE**

- Ages 12–17: 0.2%
- Ages 18–25: 0.5%
- Ages 26 & Older: 0.1%

* 2007 National Survey on Drug Use & Health
Personalized Feedback: Where Does Your Drug Use Fit In?

Nonmedical Use of Pain Relievers by Persons 12 Years and Older in the United States*

Where Do You Fit In?

Lifetime

- Ever Used: 13.3%
- Did Not Use: 86.7%

Past Year

- Used: 5.0%
- Did Not Use: 95.0%

Past Month

- Used: 2.1%
- Did Not Use: 97.9%

USE BY AGE

- Ages 12–17: 2.7%
- Ages 18–25: 4.6%
- Ages 26 & Older: 1.6%

* 2007 National Survey on Drug Use & Health
Nonmedical Sedative Use by Persons 12 Years and Older in the United States*

Where Do You Fit In?

**Lifetime**
- Ever Used: 3.4%
- Did Not Use: 96.6%

**Past Year**
- Used: 0.3%
- Did Not Use: 99.7%

**Past Month**
- Used: 0.1%
- Did Not Use: 99.9%

**USE BY AGE**
- Ages 12–17: 0.1%
- Ages 18–25: 0.2%
- Ages 26 & Older: 0.1%

* 2007 National Survey on Drug Use & Health
**Nonmedical Stimulant Use by Persons 12 Years and Older in the United States**

*Where Do You Fit In?*

**Lifetime**
- Ever Used: 8.7%
- Did Not Use: 91.3%

**Past Year**
- Used: 1.2%
- Did Not Use: 98.8%

**Past Month**
- Used: 0.4%
- Did Not Use: 99.6%

**USE BY AGE**
- Ages 12–17: 0.5%
- Ages 18–25: 1.1%
- Ages 26 & Older: 0.3%

*2007 National Survey on Drug Use & Health*
Personalized Feedback: Where Does Your Drug Use Fit In?

Nonmedical Tranquilizer Use by Persons 12 Years and Older in the United States*

Where Do You Fit In?

**Lifetime**

- Ever Used: 8.2%
- Did Not Use: 91.8%

**Past Year**

- Used: 2.1%
- Did Not Use: 97.9%

**Past Month**

- Used: 0.7%
- Did Not Use: 99.3%

**USE BY AGE**

- Ages 12–17: 0.7%
- Ages 18–25: 1.7%
- Ages 26 & Older: 0.6%

* 2007 National Survey on Drug Use & Health
Where Does Your Drug Use Fit In?

The DAST-10 score evaluates the level of a person's drug problem. Below is your DAST score, which is based on materials you filled out earlier. Higher scores typically reflect more serious problems.

My primary drug is __________

Where Do You Fit In?
Your DAST-10 Score is ________

Severe (9–10)
Substantial (6–8)
Moderate (3–5)
Low (1–2)
No Problem Reported (0)