Wednesday, March 11, 2009  ★  10:00 a.m. – 2:00 p.m.  ★  The State Capitol

**Ambassadors for Aging Day 2009**

Join us at the Capitol during the legislative session to celebrate Florida’s elders.

**What is Ambassadors for Aging Day?**

A day for elders and elder advocates throughout the state to showcase the special contributions of older adults at the Capitol.

Participants will enjoy the following activities free of charge:

- Exhibitors
- Health Screenings
- Performing Artists
- Music and Dancing
- Exercise Demonstrations
- Noon Program Featuring State Officials
- Walking Tours of the Historic Capitol

And a chance to see the Florida Legislature in action!

**Bringing a Group**

If you are interested in bringing a van or bus of participants, please register in advance. For a registration form, please visit our website at [http://elderaffairs.state.fl.us](http://elderaffairs.state.fl.us). Click on the “Hot Topics” link and then click on the “Ambassadors for Aging” button.

To learn more about this exciting event, contact:

(850) 414-2000  Fax: (850) 414-2004  TDD: (850) 414-2001

http://elderaffairs.state.fl.us or www.flasports.com

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**Caribbean Nights Senior Center Event**

Hosted by the Florida Association of Senior Centers and Tallahassee Senior Services and Foundation

**Tuesday, March 10, 2009**

5:00 p.m. to 8:00 p.m.

Tallahassee Senior Center

1400 N. Monroe Street

Join seniors and service providers from around the state at the Tallahassee Senior Center to warm up for Ambassadors for Aging Day. Enjoy senior talent, entertainment, food and fellowship.

For information call (850) 891-4000.