

PSORIASIS TREATMENT OPTIONS							
Generic	Brand	Uses					
		Moisturizes	Lessens inflammation	Lessens itching	Slows down skin growth	Flattens lesions	Removes scale
Topical Treatments							
Salicylic acid	Lupicare™ Psoriasis						X
Coal Tar	Denorex® Original Therapeutic Strength, Estar®		X	X	X		X
Bath solutions, moisturizers		X		X			X
Antharlin	Dritho-Scalp®, Psoriatec™				X		
Calcipotriene	Dovonex®				X	X	X
Calcipotriene and Betamethasone	Taclonex Scalp®, Taclonex®		X	X	X	X	X
Tazarotene	Tazorac®, Avage™		X		X		
Topical corticosteroids (Triamcinolone, Fluocinolone, Betamethasone, Amcinonide, Clobetasol)	Tri-derm®, Capex®, Diprolene®, AmCort®, Clobex®		X				
Oral Medications							
Acitretin (retinoid)	Soriatane®				X		
Methotrexate	Trexall™		X	X	X		
Azathioprine	Imuran®		X				
Cyclosporine	Gengraf®, Neoral®, Sandimmune®		X				
Hydroxyurea	Hydrea®				X		
Alefacept, etanercept, adalimumab, efalizumab, and infliximab	Amevive®, Enbrel®, Humira®, Raptiva®, Remicade®		X				
Light Therapy (phototherapy)							
Sunlight	Improves symptoms. Extreme sun exposure worsens symptoms and leads to skin damage						
Broadband UVB phototherapy	Uses small doses of artificial UVB light to cure single patches, widespread psoriasis and psoriasis resistant to topical treatments						
Narrowband UVB therapy	More effective than broadband UVB therapy, but may risk more severe burns						
Photochemotherapy, or psoralen plus ultraviolet A (PUVA)	Improves skin and used most for more severe cases of psoriasis						
Excimer laser	Treat only the involved skin in mild to moderate psoriasis. May lead to blistering and redness.						