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Simunek-Appelt joined the Office of Human Resources in 2005. She is responsible for the creation and delivery of employee training and development initiatives in soft skills, organizationally mandated training, and client requested services. She first came to NSU in 1996. Since then, she has worked at the NSU Health Care Centers as the director of operations for the medical clinics and as a manager of employee services for the Student Educational Centers. She earned her bachelor's degree in psychology from NSU in 2000 and her master's degree in business administration in 2006. She is certified with Achieve Global in Leadership & Customer Service training. She is also a certified administrator of the Myers-Briggs type indicator instrument, as well as being a certified consultant with Birkman International, Inc.