



## HPD Library Pathfinders Evidence-Based Medicine

**SCOPE:** This guide is designed to aid the beginning student of medicine, nursing, or allied-health in finding online and print resources in the HPD Library. It is not meant to be comprehensive. To find these and other resources, always start at the HPD Library homepage. [www.nova.edu/hpdlibrary](http://www.nova.edu/hpdlibrary).

**PRINT MATERIALS:** Books on EBM are classified according to medical specialty. Some books on the theory and practice of EBM can be found in the **WB 102** section of the library. For works on EBM in specific specialties look in [Novacat](#), NSU's online catalog of all electronic, print, and other materials. Circulating books are shelved on the right side of the library (can be checked out for 4 weeks), reference books on the left on low shelves (library use only), and reserve books in the front (can be used for 3 hours in the library). Study rooms can be occupied for 3 hours, both in the library and Assembly II Building.

### TUTORIALS on and INTRODUCTIONS to EVIDENCE-BASED MEDICINE

*AAC Evidence-Based Clinical Practice: a Model for Success.* Step-by-Step description of how to implement EBM methodology. <http://aacinstitute.org/Resources/Press/EBPpaper/EBPpaper.html>

*Introduction to Evidence-Based Medicine.* An excellent tutorial for beginners developed by Connie Schardt at Duke University Medical Center Library and Jill Mayer at UNC Chapel Hill Health Science Library. <http://www.hsl.unc.edu/services/tutorials/ebm/welcome.htm>

*What is EBM?* Centre for Evidence-Based Medicine. University Health Network. Under the auspices of the University of Toronto. Clear and concise answers to key questions about EBM. <http://www.cebm.utoronto.ca/intro/whatis.htm>

*What is Evidence-Based Medicine and Why Should It Be Practiced?* Centre for Health Evidence. Victor Montori and Gordon Guyatt's thorough treatment of the subject with charts, examples, and detailed instructions. <http://www.rcjournal.com/contents/11.01/11.01.1201.asp>

**RESEARCH DATABASES:** Most of the databases listed here can be accessed through the Quick Links listing on the HPD Library homepage. [www.nova.edu/hpdlibrary](http://www.nova.edu/hpdlibrary) Links for the other one has been provided.

**BMJ Publishing Group.** Contains a number of links to EBM sites, including Best Treatments and Safer Health Care. The database "focuses on patient-oriented outcomes." <http://www.bmjpg.com/>

**CINAHL.** Includes a large number of evidence-based "Care Sheets."

**Clinical Evidence.** Pulls together in one place quality clinical materials in concise terms.

**Cochrane Library.** Made up of [Cochrane Database of Systematic Reviews \(CDSR\)](#); [Database of Abstracts of Reviews of Effectiveness \(DARE\)](#); [Cochrane Controlled Trials Register \(CCTR\)](#).

**PEDro.** Evidence-based physiotherapy. Invaluable site for clinical guidelines on all facets of rehabilitation.

**PUBMED/MEDLINE.** To access EBM materials use the limiters "Systematic Reviews" and "Medical Genetics Searches".

**ONLINE FULL TEXT JOURNALS:** To locate all of the available full-text journals connected with EBM go to the following link: [Evidence-Based Online Journals](#) and type the words "evidence based" in the query box.

Best Practice: Evidence Based Information  
Sheets for Health Professionals  
Evidence Based Cardiovascular Medicine  
Evidence -Based Healthcare  
Evidence -Based Medicine  
Evidence -Based Nursing

Evidence-Based Obstetrics & Gynec.  
Evidence-Based Oncology  
Evidence-Based Practice  
International Journal of Evidence-  
Based Healthcare  
The Journal of Evidence-Based  
Dental Practice

Note: NSU holds over 17,000 online fulltext journal subscriptions.

### MISC. ONLINE RESOURCES:

Dynamed “an evidence-based, primary care [electronic book/]database designed to provide the most useful point-of-care health information available.” <http://www.dynamicmedical.com>  
Health Utilities Index. Health status measurement system. <http://www.healthutilities.com/>  
UpToDate. Online medical textbook /database on key clinical issues. It now includes a grading system that evaluates medical literature according to evidence-based research practices.  
<http://0-www.uptodateonline.com.novacat.nova.edu/utd/index.do>

**USEFUL ONLINE RESOURCES:** For other valuable online resources go to:

Best Bets – Best Evidence Topics. “Contains clinical answers to clinical questions on the basis of best evidence from searched literature.” <http://www.bestbets.org>  
Centerwatch Clinical Trials Listing Service. A list of clinical trials on all medical conditions. International in scope.  
<http://www.CenterWatch.com/>  
Centre for Evidence-Based Medicine. At Oxford in the U.K. Promotes Evidence-Based health care and provides links to EBM resources. <http://cebm.jr2.ox.ac.uk/>  
Centre for Reviews and Dissemination (CRD). University of York, U.K. Reviews and disseminates the results of interventions in and research on health and social care to decision makers in the British National Health Service.  
<http://www.york.ac.uk/inst/crd/>  
Core Library for Evidence Based Practice. “A virtual library that links to full text documents on all aspects of EBM.”  
<http://www.shef.ac.uk/~scharr/ir/core.html>  
Medscape. Practical Evidence-Based Internet Resources. [http://www.medscape.com/viewarticle/459685\\_print](http://www.medscape.com/viewarticle/459685_print)

**NATIONAL GOVERNMENTAL INSTITUTES and AGENCIES:** partial list.

ClinicalTrials.gov. “Regularly updated information about privately and federally supported clinical research on human volunteers.” A service of the U.S. Institutes of Health. <http://www.clinicaltrials.gov/>  
National Guideline Clearinghouse. “Comprehensive database of evidence-based clinical guidelines. Produced by the Agency for Healthcare Research and Quality (AHRQ) together with the AMA.” <http://www.guideline.gov/>  
NCI Cancer Trials. National Cancer Institute’s reports on cancer clinical trials. <http://cancertrials.nci.nih.gov/>

**OTHER PATHFINDERS with ADDITIONAL SUGGESTED LINKS**

Columbia University Health Sciences Library. Exhaustive list of EBM resources on and offline.  
<http://library.cpmc.columbia.edu/hsl/sg/sgdisplay.cfm?subid=10>  
Duke University Medical Center Library Online. Well organized resources for learning and using EBM.  
<http://mclibrary.duke.edu/subject/ebm/>  
Hardin Library for the Health Sciences. The University of Iowa Libraries. Practical guide to EBM resources.  
<http://www.lib.uiowa.edu/hardin/eb.html>  
WelchWeb: Evidence Based Medicine. Excellent guide to EBM resources online.  
<http://www.welch.jhu.edu/internet/ebr.html>

**TUTORIALS for NSU DATABASES:**

HPD produced tutorials:  
<http://www.nova.edu/hpdlibrary/tutorials.html>  
Tutorials developed by the Alvin Sherman Library:  
<http://www.nova.edu/library/help/techhelp.html>  
EBSCOhost tutorials and knowledge base.  
<http://support.epnet.com/CustSupport/Tutorials/Tutorials.asp>  
Ovid Technologies, Inc. tutorials.  
[http://www.ovid.com/site/help/sp\\_tutorials.jsp?top=28&mid=29&bottom=31&subsection=58](http://www.ovid.com/site/help/sp_tutorials.jsp?top=28&mid=29&bottom=31&subsection=58)

